

# Golden Gardens eNews

www.californiagardenclubs.com

October 2016, Vol. 8-10

Member  
National Garden Clubs, Inc.  
Pacific Region

\*\*\*\*\*

**President .....Sue Bennett**

cgcipresident@cagardenclubs.org  
President-elect ..... Krystal Migliore  
2nd Vice-President ..... Rilla Crane  
3rd Vice-President ..... Lynne Batchelor  
Recording Secretary ..... Gail Vanderhorst  
Corresponding Secretary ..... Carolyn Hoyum  
Interim Financial Secretary ..... Launa Gould  
Interim Treasurer ..... George Perko  
Parliamentarian ..... Greg Pokorski  
Communications Director ..... Jane McKee



**Golden Gardens eNews**

goldengardens@cagardenclubs.org

Editor ..... Jane McKee  
Assistant Editor ..... Launa Gould  
Staff ..... Sue Bennett  
Krystal Migliore  
Robin Pokorski

\*\*\*\*\*

### In this issue:

CGCI & Schools Calendar .....	2
2016 Fall Board Meeting Highlights .....	2
Scenes from Fall Board .....	3
Club & District Corner .....	4
Membership Matters .....	4
Awards .....	5
CGCI/NABA Partnership .....	6
Humboldt Botanic Garden .....	7
Internet Security .....	8
NGC & Pacific Region .....	8
Penny Pines .....	10
President's Project .....	10

\*\*\*\*\*

### Golden Gardens eNews

- published monthly
- distributed electronically FREE
- to subscribe or view past issues:  
[californiagardenclubs.com/cgcinewsletters](http://californiagardenclubs.com/cgcinewsletters)
- Deadline to submit articles: 15th of the month.



Find us on  
**Facebook**

and

**flickr**

## From the President's desk...

Happy Fall,

What a beautiful drive through the Redwood Forests before and after a great board meeting in Loleta, CA.

New Circle of Poppies member Myrtle Findley and your President left bright and early Saturday morning (early for me) for the Mendocino Coast to attend some of the "Find the Magic! Rediscovering our Pygmy Forests" events that occurred during the weekend. The Fort Bragg Garden Club hosted a delicious luncheon at the Russian Gulch Recreation Hall which was opened to all members and the community – great to see so many faces, some I even knew. After lunch various individuals spoke about the history of the area, types of plants, the artwork, etc. One speaker in particular named Joshua Lowell – told the story of how he became interested in the Pygmy Forest, sent a message out asking if anyone had information on it and Ruth Sparks answered. From then on I received messages from Ruth Sparks and Joshua Lowell, *Fort Bragg Garden Club Pygmy Forest Committee* (notice their title). It was a pleasure to meet both of them as well as all the speakers and members involved.

We then attended the re-dedication of the Charlotte M. Hoak Pygmy Forest at Van Damme State Park. The original dedication took place in 1969 by CGCI. Due to unforeseen circumstances, Ruth Sparks could not be there; thus as CGCI President, I was honored to do the re-dedication. From there we checked into our hotel; then off again to attend the Ford House Museum and Visitor Center Open House.

Sunday morning, our host, Kathy Holmes, President of Fort Bragg Garden Club, treated us to a wonderful morning at the Mendocino Coast Botanical Gardens. Besides seeing the rose garden, heather garden, vegetable garden and dahlia gardens, we saw Gail and Hank Vanderhorst. Small world.

Thank you so much Kathy Holmes and Ginabelle Smith (Former Mendo-Lake District Director) for the wonderful memories.

Next update will be on NGC Board Meeting in Maine, September 21-24.

Cheers,

SueB



The Vanderhorsts tiptoeing through the dahlias!

The magnificent Mendocino coast



**CGCI Official Calendar**[californiagardenclubs.com/calendar](http://californiagardenclubs.com/calendar)

- **January 29-February 2: CGCI Winter Board Meeting:**  
Host: Cascade District
- **March 27-29, 2017: CGCI Wild-flower Conference**  
Co-Chairmen: Merrilee Ray & Janice Wagner; Kernville.
- **May 30-June 3: CGCI Convention, San Luis Obispo**

\*\*\*\*\*

**NGC Schools Calendar  
(California)**

All registration forms are on the  
CGCI website Calendar page

[californiagardenclubs.com/calendar](http://californiagardenclubs.com/calendar)Go to [gardenclub.org](http://gardenclub.org)

for schools in other states

- **February 24-25: Tri-Refresher,**  
Sponsor: Long Beach Garden Club. Chairman: Jane Kaylor
- **March 13-15, 2017: Flower Show School, Course 4,** Sponsor: Southwest Judges Council; Poway, CA, Chairman: Emily Troxell
- **June 25-28, 2017: Flower Show Symposium, Ontario, Chairman:**  
Lili Aram-Bost

\*\*\*\*\*

**Note from Gardening Study & Landscape Design Schools Chairmen:**

- The last course of the Gardening Study School was held in September 2016.
- There are no schools currently scheduled for 2017.
- Consultants whose credentials will lapse in December can request an extension.
- All consultants may refresh at the February Tri-Refresher in Long Beach.

**2016 Fall Board Meeting Highlights:**

- Congratulations Myrtle Findley & Marilyn Oberti - the newest members of the Circle of Poppies!

**Executive Committee Recommendations:**

- Resignations (ratifications):
  - ◇ Board of Trustees Member George Perko
  - ◇ Financial Secretary, Rebecca Ferguson
  - ◇ Hotel Contracts Chairman, Lynne Hansen
  - ◇ Treasurer, Sandra Graff
  - ◇ Youth Chairman, Pat Logan
- Appointments (ratifications):
  - ◇ George Unrine, Board of Trustees, 2016-18 (replace George Perko)
  - ◇ Elisabeth Tufo, Awards Finance Chairman
  - ◇ George Perko, Interim Treasurer
  - ◇ Launa Gould, Interim Financial Secretary
  - ◇ Julie West (Chairman), Shane Looper and George Perko, Internal Audit Committee.
  - ◇ Shane Looper (Chairman), Lynne Batchelor, Berni Hendrix, Greg Pokorski, Robin Pokorski, Martha Smyser and Julie West, Exploratory Organization Study Committee.
  - ◇ Robert Gordon (Chairman), Lynne Batchelor, Carolyn Hoyum, Jane McKee and Charlotte Tucker, Awards Task Force Team.
- Approve 2017 Winter Board Meeting registration fee of \$60; early registration fee postmarked by December 28, 2016-\$35.
- Approve Tri-Refresher, February 24-25, 2017; Sponsor: Long Beach Garden Club; Chairman: Jane Kaylor.
- Approve \$500 from Reforestation/Restoration restricted fund, Line Code 31010, be used for the repair and restoration of the CGCI Conservation and Education sign in Big Basin Redwoods State Park, Santa Cruz.

**Notes from Chairmen and District Directors:**

- Anza-Borrego Desert State Park: The irrigation system replacement is complete and new plantings will be installed starting in October or November. CGCI donations to the project since its inception in 2012 total \$7,797.64.
- Government & Legislative Affairs: AB 1066 & 2757 affecting overtime pay for farm laborers was signed into law on September 12. This will likely affect produce prices at retail and reduce labor hours for some. Gardeners can grow more of what they eat, and if they grow too much share with a neighbor.
- Buttes District: Clubs dealing with the extended drought have emphasized replacing lawns with drought tolerant, native plants as well as attracting pollinators.
- Luther Burbank District: At Santa Rosa Garden Club's annual plant sale, a special display board showed the broad scope of the NGC presidents project and the various habitat certifications available from National Wildlife Federation (NWF), North American Butterfly Association (NABA), Monarch Watch, Xerces Society, and the Pollinator Partnership S.H.A.R.E. sign. Also included were two Asclepias (milkweed) plants and NGC's free publication *Inviting Butterflies into your Garden*.
- Santa Clara Valley District: Several clubs have had programs or events focusing on sustainability, natives and pollinators like bees and butterflies. The city of Santa Cruz is applying to become an official "bee city."

- Valley Lode District: One of the member clubs sponsored an essay contest for three schools. The topic was "Why Plant a Seed?" First place received \$100, second, \$75, third \$50.
- Yosemite Gateway District: A Blue Star Memorial Byway Marker will be reinstalled at Applegate Gate Park, Merced, CA. The original was unearthed and had been extensively damaged. It has been donated to the Merced County Museum.

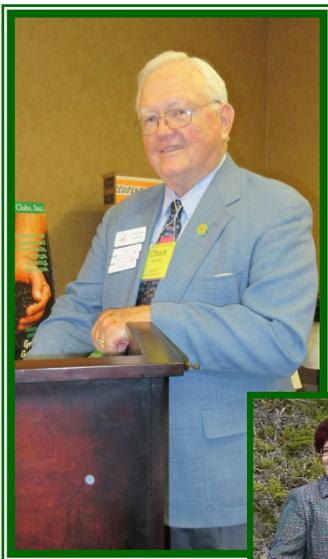
Scenes from the 2016 Fall Board Meeting



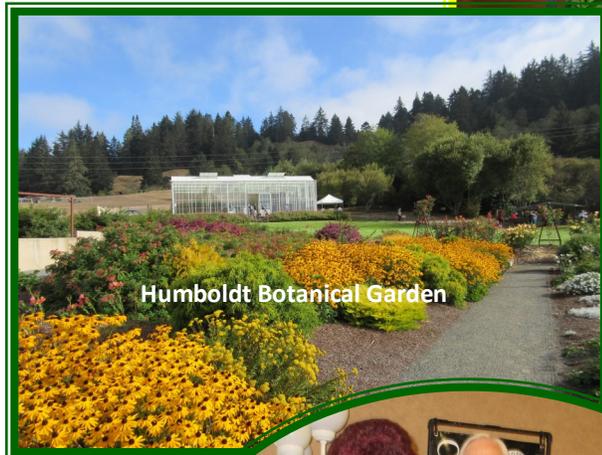
2016-17 Executive Committee



One of the beautiful floral designs



Our genial host Humboldt District Director Chuck Goodwin



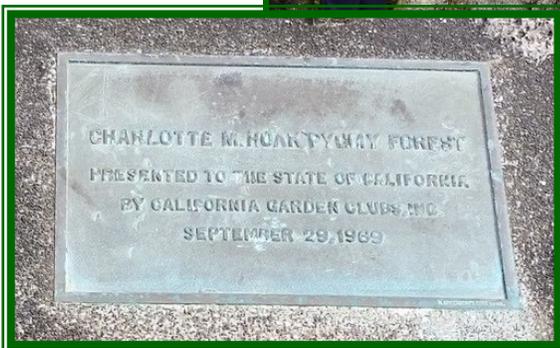
Humboldt Botanical Garden



President Sue unveiling the rededicated Charlotte Hoak marker in the Pygmy Forest



And the winner is..... President Sue (that's Big Foot's trainer Ms Mary Lou)



Myrtle Findley & Marilyn Oberti receive their Circle of Poppies certificates

## Club & District Corner

**Anderson Valley GC:** Anderson Heights School Project: On the last day of the school project, the students picked things in the garden and made a salad which they all enjoyed. In addition there was a scavenger hunt. A list was created of things like “find something with a fuzzy leaf” or “find some seeds.” It was great to hear the responses....”fuzzy, that’s Mullein” or “the poppies have gone to seed!”



**Ceres GC:** The club celebrated its 20th anniversary honoring outstanding members who have participated in various projects benefiting the community. At left, Helen Condit representing State Senator Cannella, presents Charter Member Colleen Bergamaschi with an Honorary Resolution for 20 years of service

**Dos Valles GC:** The club is now a registered charity on AmazonSmile.com. When members use AmazonSmile to purchase items, Amazon, through its Amazon.Smile Foundation will donate 0.5% of the purchase price of an eligible item to the club. (Editor’s note: for details go to [AmazonSmile](https://www.amazon.com/amazonsmile).)



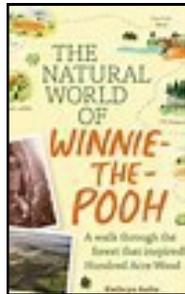
**Green Thumb GC (Cloverdale):** Don’t throw away those cute little tins you might have hidden away! (from teas, coffees, candy etc.) Recycle, repurpose and reuse! They can make great little planters and add some folksy color and charm to your house!

**Eureka Sequoia GC:** The club nominated Bear River Casino to receive a California Consultant’s Council (CCC)Landscape Design Commendation. The presentation was made, Friday, September 9 at the 2016 CGCI Fall Board meeting.



**San Diego County Garden Guild:** The group has formed ten special interest guilds within the overall organization offering members a wide array of study topics and paths for exploration. Members can join one or two of the following: *Art And The Garden, Botanical Photography, Cheesemaking, French Cooking With Herbs, Habitat Gardening, Olive Oil, Plant Propagation, Plants And Weeds For Food & Medicine, Teas & Tisanes Of The World, And Vegetable Gardening.*

**Ramona GC:** The Friends of the Ramona Library and the RGC co-hosted an author visit and reception. The speaker was Kathryn Aalto, an American landscape historian, designer and lecturer living in Exeter, England. Ms. Aalto wrote and illustrated “The Natural World of Winnie-the-Pooh.”



**WOW!** What a lot of great ideas and happenings...and these are all “hidden” in your club newsletters. Have you thought about sharing your ideas, programs and projects with others? Your district clubs? CGCI?

Send your newsletters to [goldengardens@cagardenclubs.org](mailto:goldengardens@cagardenclubs.org) and you just might find your club featured in an upcoming issue.

## Membership Matters

**REMINDER:** All tax exempt organizations MUST re-register with the IRS before or concurrent with filing the 2016 tax returns. CGCI has prepared guidelines that will walk you through the process.

Go to <http://californiagardenclubs.com/> and look for “IRS New Registration Guidelines” under Hot Off the Press.



Did you ever consider that maybe broccoli doesn’t like you either?

**DON’T FORGET**  
Dues are due **BEFORE**  
**October 1, 2016**  
Don’t lose your eligibility for Liability Insurance or  
the Group Tax Exemption Program

**CGCI Programs & Projects**

Go to [californiagardenclubs.com](http://californiagardenclubs.com)  
for details

\*\*\*\*\*

- **Membership dues**  
Mail to: Rita Desilets  
8316 Sparton Avenue  
Van Nuys, 91402-4030
- **Insurance**  
Chairman: Shane Looper  
213 Carmelo Lane  
South San Francisco,  
94080-2204
- **Group Tax Exemption Program**  
Chairman: Krystal Migliore  
P.O. Box 1414  
Gridley, 95948-1414
- **Penny Pines**  
Checks to US Forest Service
- **President's Project 2015-17**  
Chairman: Maryanne Lucas  
1986 Channelford Road  
Westlake Village, 91361-3558
- **Project Mission Blue**  
Chairman: Shane Looper  
213 Carmelo Lane  
South San Francisco,  
94080-2204
- **Scholarships (Applications)**  
Chairman: Martha Smyser  
4949 Mammoth Ave.  
Sherman Oaks, 91423-1319
- **Stagecoach Hill Propagation**  
Chairman: Mary Lou Goodwin  
1312 Gates St.  
Eureka, CA 95501-2627
- **Stamps**  
Chairman: Claudia Marsh  
19822 Ottawa Rd, Apple Valley  
92308-6155
- **Donations to the following projects are mailed to:**  
California Garden Clubs  
P.O. Box 75, Graton, CA  
95444-0075  
Anza-Borrego Desert State Park  
Blue Star Memorials  
CGCI Endowments  
CGCI Scholarship Fund  
Rare Plant Treasure Hunt  
Reforestation/Restoration  
Sempervirens Fund

**CGCI Programs & Projects****Awards****REMINDER: NEW AWARDS DEADLINE**

**ALL award entries (CGCI, PR, NGC) must be submitted by  
December 1, 2016**

**Exceptions: Smokey Bear/Woodsy Owl Posters & Publicity Press Books  
are due January 10, 2017**

**DON'T WAIT TIL THE LAST MINUTE TO SUBMIT YOUR ENTRIES!**

**SMOKEY BEAR/WOODSY OWL POSTER CONTEST**

**Vicki Smith and Charlotte Tucker, Co-Chairmen**

- Posters with misspellings, not on the right size paper, are scanned or otherwise do not meet the contest rules will be disqualified;
- Local Chairperson completes the Chairman's report legibly (print or type) so no child's name is misspelled or any important information is left out;
- Submit only the top 4 winners for each grade for State judging;
- **January 10, 2017:** date posters must be received by Co-Chairman Charlotte Tucker, 18047 Lime Kiln Rd. Sonora, CA 95370;
- All information and links to forms are on the CGCI website  
<http://californiagardenclubs.com/youth-contests-awards>

**CLUB YEARBOOK JUDGING**

**By Nancy Lee Loesch, Chairman**

Summer is over and it is now time to send in your garden club yearbook for judging. Most of you have yours completed, so remember to send two books to be judged (not three books). They must be sent by December 1, 2016 in order to be judged.

Judging procedure:

- The yearbooks are first sorted according to class (there are seven classes based on club membership).
- Each entry is checked to make sure the required paperwork is included and filled out properly. Points will be deducted from the score for missing and/or incomplete application form and evaluation form.
- Time is needed to prepare the yearbooks for judging, so please send entries as soon as possible.
- In January 2017, a day will be scheduled to judge all yearbooks. California Districts may volunteer to do yearbook judging and one district will be selected. Twelve (12) to Fourteen (14) judges will be needed in order to complete the judging in one day. Judging will begin at 9:00 and will take until 4:00 pm. Judges will work in teams of two, using the *Yearbook Evaluation Form*, scoring each yearbook based on how well and complete the requirements are satisfied. Judges will make appropriate constructive comments on the *Yearbook Evaluation Form* as they review each yearbook.
- After the judging is complete the Yearbook Awards Chairman will check each yearbook to make sure that the evaluation form is attached and completed and attach an award seal based on score (1<sup>st</sup> 92-100 points, 2<sup>nd</sup> 84-91 points, 3<sup>rd</sup> 78-83 points, HM 70-77 points).
- The highest scoring yearbook in each Class will be awarded "Best of Class" and will receive a rosette and a \$50.00 check at the CGCI Convention Awards Banquet.
- The seven (7) "Best of Class" winners will be sent on to Pacific Region for further judging with the best yearbooks of the other Pacific Region states where they are eligible for Pacific Region and NGC awards.

**Awards, Honors & Recognition**

CGCI offers many ways to say "Thank You" or "Good Job"

NOTE: Check the forms for the correct mailing address  
[Californiagardenclubs.com/forms](http://Californiagardenclubs.com/forms)

♥ **Angels**

Chairman: Jane McKee  
 1276 Palomares Court  
 Fallbrook 92028-4480

♥ **Awards Program**

Check the website for updated forms and instructions

♥ **Business Commendations**

Chairman: Launa Gould  
 New online request form

♥ **California Consultants Council**

Landscape Design (various) & Outstanding Private Garden  
 Chairman: Julie West  
 850 Grandview Road  
 Sebastopol 95472-2930

♥ **Honor Book**

Chairman: Deedee Speer  
 30861 Saddleback Road  
 Valley Center 92082-3848

♥ **Life Memberships**

Chairman: Carlotta Wixon  
 14216 Karry's Place  
 Grass Valley 95945-7934

♥ **Long-Term Certificates**

Chairman: Mike Gould  
 New online request form

♥ **Member Award of Distinction**

Chairman: Mike Gould  
 1212 Avenida Buena Suerte  
 San Clemente 92672-2348

\*\*\*\*\*

**Promotional Materials**

Did you know that CGCI offers promotional and informational materials and many are FREE\*!



- Banners
- Bookmarks\*
- Rack Cards\*
- Pamphlets\*

*(Check the website for ordering details)*

**A new CGCI partnership...**

**North American Butterfly Association Joins Forces with CGCI**

The North American Butterfly Association (NABA) is excited to announce a new partnership with California Garden Clubs, Inc. (CGCI), a member of National Garden Clubs, Inc. The relationship will allow greater communication among members of both organizations to improve gardening practices and the resultant habitat for butterflies and other wildlife.



- ♥ **\*\*Member garden clubs in the state are now eligible for a discounted institutional membership and garden certification with NABA**, access to NABA publications and NABA-Chat - the list serve where butterfly enthusiasts may engage with an international network of gardeners, researchers and other professionals in the field.
- ♥ In coming months there will be an increase in mutually beneficial activities such as coordinating events, implementing conservation projects and promoting the partnership to potential collaborators.
- ♥ The websites of the respective entities will develop a page highlighting the relationship and sharing resources to the wider public. Presentations will be made at CGCI conferences and articles from the partners will be run in their respective magazines and newsletters.

NABA recognizes the significant accomplishments CGCI (and member clubs) have achieved in enhancing pollinator habitat, educating students of all ages and enhancing civic and environmental responsibility.

- ♥ Example: One garden club has successfully developed a butterfly garden within an established 4-acre native plant garden on a university campus. The garden was recently the recipient of colorful and informative interpretive monument signs for the Butterfly Habitat Garden, Riparian, Wetlands and Grasslands native plant communities funded by the local garden club and CGCI.
- ♥ Additional CGCI projects include financial support to propagate rare native plants, providing educational scholarships and working to restore butterfly habitat with specific attention paid to the endangered Mission Blue.
- ♥ For more information about the partnership and how to get involved, contact Julie West ([julieawest@aol.com](mailto:julieawest@aol.com)).
- ♥ **\*\*The special membership form will be posted to the CGCI website shortly.**



**President's Travel Schedule:**

- October 4: Sacramento River Valley District
- October 5: Yosemite Gateway District
- October 12-13: Roadrunner District
- January 5: Folsom Garden Club
- January 30-Feb 2: Winter Board, Anderson
- February 27-28: Palomar District
- March 1: Ripon Garden Club
- March 27-29: Wildflower Conference
- April 18-20: PR Convention, Washington
- May 16-21: NGC Convention, Virginia
- May 30-June 3: CGCI Convention



## In the Garden this month...

From  
Sunset Magazine

### Get first pick of bulbs

- Gather your flower bulbs as soon as they become available in nurseries. If you're first in line, bulbs aren't likely to be mixed together yet, and you'll have the best selection of the year.
- Plant batches of them shoulder-to-shoulder in a pot for three weeks of portable spring color.

### Fruits & Veggies

- Eggplants. Harvest fruits when they're immature and shiny.
- Peppers. You can pick any pepper when the pod is firm and fully developed. But for best flavor, pick after the pods show color.
- Tomatoes. Pick after fruit colors fully. In fall, when night temperatures drop below 55°, pick any tomatoes with some color and ripen them indoors on a windowsill (dark green fruit never ripens).

### Multiply by dividing

- Dig and divide perennials such as bee balm, daylily, and Shasta daisy to reinvigorate plants and increase size and numbers of blooms.
- Pop the whole clump out of the ground with a shovel or spading fork. Hose off the rootball, removing as much soil as possible.
- Use a butcher's knife or pruning saw to cut the clump into quarters. Pull the quarters apart and further divide them with your hands or a knife. Each division should have a sturdy root and one to three leaf fans (more fans result in faster growth and flowering).

### Plant a few wildflowers

- Sow in weeded, prepared beds, being careful to plant a line of seed around the edge of the bed so it won't look ragged-edged (unless it's in a wild part of the garden).



Fingers crossed!

## Humboldt Botanical Garden

### Lost Coast Brewery Native Plant Garden (NPG)

By Mark Moore, Volunteer Curator

The Humboldt Botanical Garden is a world-class living museum featuring a wide variety of native and exotic plants overlooking Humboldt Bay and the Pacific Ocean. The 44.5 acre site features over 7 acres of formal gardens. The Native Garden is but one of these. ([www.hbgf.org](http://www.hbgf.org))

The NPG was first planted in 2007-2008, and since then has grown in stature and diversity. There are now over 118 California native species represented in 24 separate garden beds covering approximately 1.5 acres. The original emphasis was on plants native to Southwest Oregon and Northwest California, but the garden now includes specimens that grow as far south as Baja California.

Many of the NPG plants bloom in July and August. Others, such as the Manzanitas, Ceanothus, and Currants bloom in winter and early spring. Plants in the NPG do not receive supplemental irrigation and rely entirely on rainfall and no fertilizers are used. The difficult clay soils are amended with perlite or sharp gravel. Summer maintenance work primarily involves the frequent removal of many species of aggressive annual and perennial weeds, which are finally slowing down in abundance as the soil dries.

In 2015 and early 2016 additional California natives were planted, including several rare manzanitas. In the last three years over 450 new plants have been introduced to the NPG, including species such as Franciscan manzanita (*Arctostaphylos franciscana*), white sage (*Salvia apiana*), bush anemone (*Carpenteria californica*), and Dark Star ceanothus (*Ceanothus impressus* x *C. papillosus* var. *roweanus*). Large rock features are also planned to be integrated into several areas of the NPG this year. Because the garden changes dramatically throughout the seasons, visitors are encouraged to return often to enjoy the beauty and progression of growth, flowering, and diversity of plant textures.

Following is a partial list of California native plants in bloom August-October:

- coastal California poppy (*Eschscholzia californica* var. *maritima*)
- bush monkeyflower (*Mimulus aurantiacus*) (including several color forms such as 'Blood orange' and 'Jellybean Gold')
- California fremontia (*Fremontodendron californicum*)
- checkerbloom (*Sidalcea malviflora*) and (*Sidalcea malviflora* ssp. *patula*)
- Fremont bush mallow (*Malacothamnus fremontii*)
- seaside woolly sunflower (*Eriophyllum staechadifolium* )
- seaside daisy (*Erigeron glaucus*)
- riverbank lupine (*Lupinus rivularis*)
- Matilija poppy (*Romneya coulteri*)
- foothill penstemon (*Penstemon heterophyllus*)
- California aster (*Aster chilensis* )
- dune buckwheat (*Eriogonum latifolium*)
- giant buckwheat (*Eriogonum giganteum* )
- Cleveland sage (*Salvia clevelandii*)
- Coyote mint (*Monardella villosa*)
- Sandhill Sage (*Artemisia pycnocephala* 'David's Choice')
- Gumplant (*Grindelia stricta*)
- California wild rose (*Rosa californica*)



## Internet Security

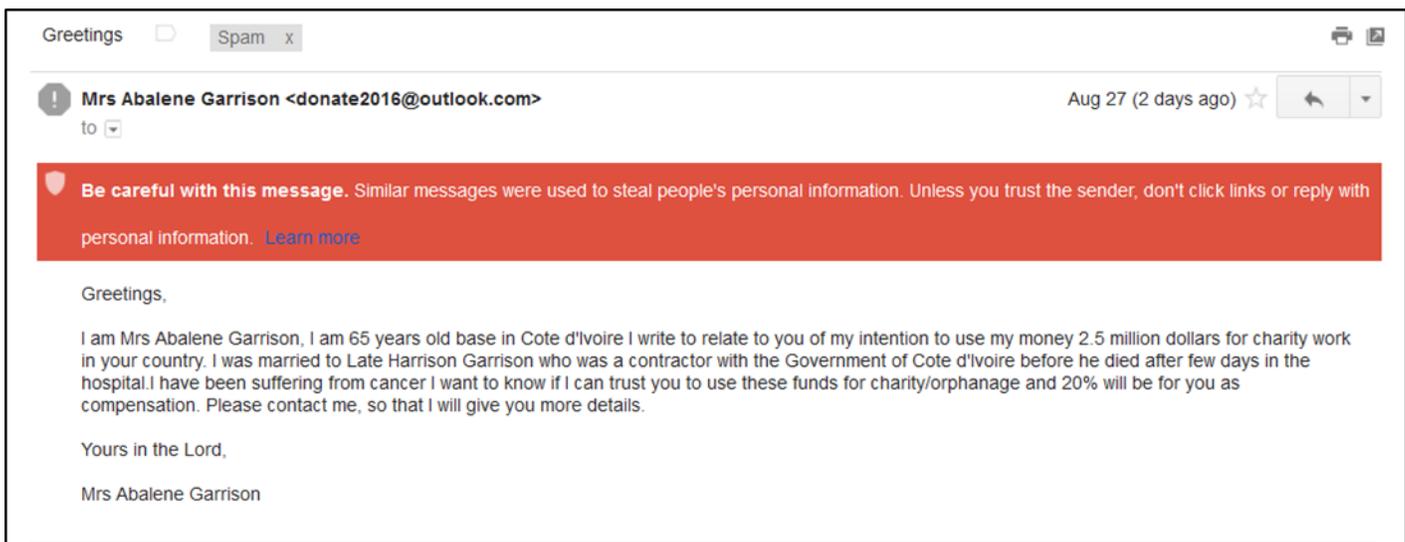
By Jane McKee, CGCI Communications Director

Internet Security: There are three basic types of scams or possible intrusions to email accounts, websites or other online systems. Everyone should learn to recognize these suspicious and potentially dangerous attempts to obtain personal or sensitive information or disseminate malicious software.

### On the “low” or least sophisticated end of the spectrum is what’s commonly known as the Nigerian scam:

- The name came about because the first wave of them came from Nigeria and is now one of the most common.
- The scam typically involves promising the victim a significant share of a large sum of money, in return for a small up-front payment, which the fraudster requires in order to obtain the large sum. If a victim makes the payment, the fraudster either invents a series of further fees for the victim, or simply disappears.
- The may involve offering a share in a large sum of money on the condition you help them transfer it out of their country. They tell an elaborate fake story about large amounts of money 'trapped' in central banks during civil wars or coups, often in countries currently in the news. Or they may tell you about a large inheritance that is 'difficult to access' because of government restrictions or taxes in their country. They may ask for your bank account details to 'help them transfer the money' and use this information to later steal your funds. Or they may ask you to pay fees, charges or taxes to 'help release or transfer the money out of the country' through your bank.
- You will never see the money that was promised.

### Example (most email systems recognize these and automatically route to the “spam” or “trash” folders)



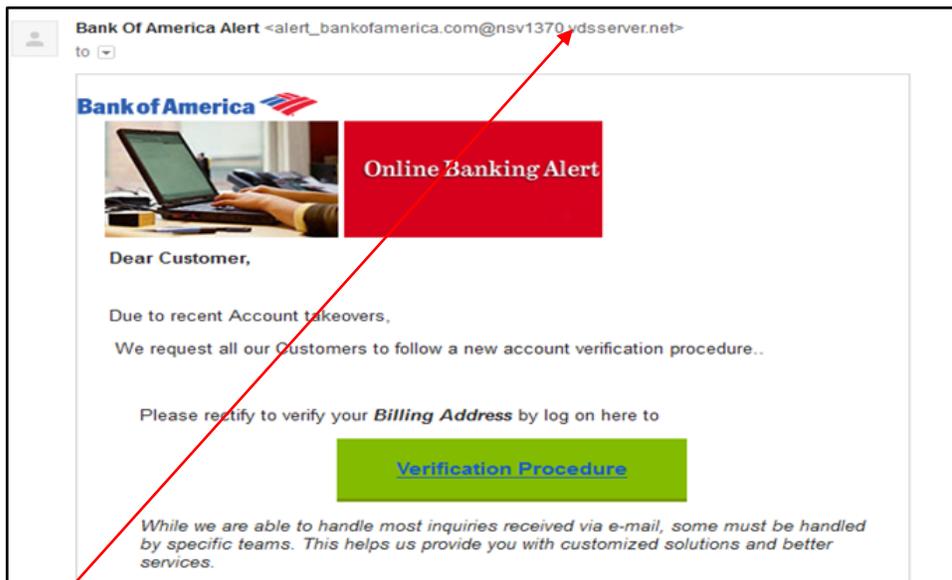
### At the other end are the “hackers” who are skilled at literally breaking into email, websites or servers:

- A **hacker** is someone who seeks and exploits weaknesses in a computer system or computer network. They may be motivated by profit, protest, challenge, enjoyment, or to evaluate weaknesses to assist in removing them. The subculture that has evolved around hackers is often referred to as the computer underground.
- Hackers have programs that systematically test millions of possible passwords.
- Hackers are after the “big score”...retailers (Macy’s, Target); US Government (Military, OPM); Politics (Democratic National Committee and more). They look to steal: Credit card numbers, pin numbers; SSNs, personnel files; Emails, sensitive files, strategic information etc.
- You may never know they were in your system until they leak or sell the data.

### Somewhere in the middle are those who conduct “Spoofing”

- Spoofing is the **forgery of an e-mail header** so that the message appears to have originated from someone or somewhere other than the actual source.
- Distributors of spam often use spoofing in an attempt to get recipients to open, and click on links that install viruses or malicious software on one’s computer.
- Increasingly common are those attempting to commit internet fraud by using forged email addresses to entice the recipient into sending large sums of money (usually via “wire transfer”) to a specific bank account.
- Spoofing can be used legitimately. However, spoofing anyone other than yourself is illegal in most jurisdictions.

**Example: Warning email notices from a variety of what appear to be legitimate financial institutions are popping up more frequently in individual inboxes.**



If you look at the complete “from” email address you will find that **vdserver.net** is a known malicious software producer. Clicking on the “verification” link may install malware or a virus on your computer. In other instances the “verification” link may take you to a form that requests personal and financial information that can be used to access your bank accounts.

### How can I protect myself?

- General scams and “spoofing”
  - ⇒ Learn to recognize the various suspicious emails that may appear.
  - ⇒ If you do not know the sender, delete without opening.
  - ⇒ If the sender appears to be someone you know but the message looks suspicious (asking you to send money when it isn’t appropriate), simply pick up the phone and call the supposed sender.
  - ⇒ If you open the email, don’t reply to or click on any links in the message.
- Hacking
  - ⇒ Change your passwords regularly (at least quarterly), especially for online financial accounts
  - ⇒ Contact the bank or business using the telephone number in your account files, NOT a phone number or email listed in the message.



**Why great care and consideration should be taken when selecting the proper password**



**President 2015-2017**

**Sandra H. Robinson**

**Headquarters:**

4401 Magnolia Avenue  
St. Louis, MO 63110-3492  
Telephone: (314) 776-7574  
Fax: (314) 776-5108

**Email:** [headquarters@gardenclub.org](mailto:headquarters@gardenclub.org)

**Publication:** *The National Gardener*

**Website:** [gardenclub.org](http://gardenclub.org)

**Convention:**

May 16-21, 2017, Richmond, VA  
Richmond Marriott

**Ongoing projects:**

- Ames Garden Tools
- US Botanic Butterfly Garden
- Ecology Warriors Workbook
- Plant It Pink
- Rain Gardens
- SAGE & ROSES
- School Gardens
- Spring Planting for Butterflies
- Photo Archiving
- Water Projects

(Go to [gardenclub.org](http://gardenclub.org) for details on these and other projects)



**Director: 2015-2017**

**Kristie Livreri**

**Publication:** *WACONIAH*

**Website:**

[PacificRegionGardenClubs.org](http://PacificRegionGardenClubs.org)

**Convention:** April 18-20, 2017  
Seattle, WA

Are you receiving *WACONIAH*, the newsletter of the Pacific Region?

If not, you can subscribe here (it's FREE):

[californiagardenclubs.com/cgcnewsletter](http://californiagardenclubs.com/cgcnewsletter)

**National Garden Clubs, Inc.**



**Help the Monarchs  
By Marion McNabb, NGC**

Fall is the time to collect Milkweed seed for spring planting. Monarch Watch out of the University of Kansas has been asking us to collect Milkweed seed, native to our area, and send it to them so they can start plugs for spring planting. Monarch Watch is an excellent source for plugs and seeds in the spring for our Monarch Waystations.

- To collect the seeds, you need to find dry seed pods on Milkweed plants and make sure the seeds are brown in color.
- You can separate the seeds from the pods, or you can send the whole pod. If sending the whole pod be sure to tape them shut so the seeds don't come out during transporting them from you to Monarch Watch.
- If you separate them yourself, you can use the pods in dried arrangements and you accomplish two things: seeds for Monarchs and pods for dried arrangements.
- Do not mix different species of Milkweed, make sure each variety is in a separate envelope or package and labeled as to the species.
- Make sure if sending pods that they are dry and insect free on the outside. Send at least one ounce of seed. Two to four onion bags of pods will yield approximately 1 pound of seed.
- When collecting seeds, package them in an envelope, paper, or onion bag so if they're not completely dry, they won't mold as they could in plastic.
- Mark them - where they came from - county, state, and type of Milkweed.
- Example: Common Milkweed - *Asclepias syriaca*, your name, name of your club if it's a club project, address and email, along with date collected. If the site has a large amount of Milkweed or it's a small area, add this information.



Send to: Monarch Watch University of Kansas  
2021 Conant Ave. Lawrence, Kansas, 66047

\*\*\*\*\*

**Dear Presidents and Scholarship Chairmen,**

Due to limited funds, Pacific Region is unable to offer a Scholarship at this time. That makes the National Garden Club Scholarships ever more precious. I would like to encourage you all to submit a student to NGC for consideration. It would be wonderful if every state in our Pacific Region could receive a NGC Scholarship for their worthy student. This is a realistic goal which through your diligence and hard work is well within reach. There's money out there for our kids, let's go get some! Thank you for all you do for our youth. Please feel free to contact me at 602-438-4003.

Carol Parrott, Pacific Region Scholarship Chairman



**DONATIONS 2016**  
**Total this month: \$2,992.00**  
**Pat York, Chairman**  
 Total January 1 to date:  
 \$20,378.00

**BAY OCEAN DISTRICT**

Pacifica GC  
 Honor: Sharon Lamparter ..... \$68  
 Honor: Karen Kipp ..... \$68  
 San Bruno GC  
 Memory: Betty Chapman..... \$68

**BUTTES DISTRICT**

Paradise GC ..... \$68

**CHANNEL ISLANDS DISTRICT**

Westlake Village GC ..... \$272

DESERT EMPIRE DISTRICT..... \$68

**MONTANA DE ORO DISTRICT**

Central Coast Cactus &  
 Succulent Society ..... \$680

**ORANGE COUNTY DISTRICT**

Honor: Pat Chambers ..... \$68  
 Honor: Evelia Govea ..... \$68  
 Laguna Beach GC  
 Memory: Dee Koski ..... \$204  
 Honor: Jeanne Yale..... \$204  
 Honor: Polly Dix..... \$204  
 Honor: Jorja Puma..... \$204

**PALOMAR DISTRICT**

Dos Valles GC  
 Memory: Joan Patton ..... \$272

**SACRAMENTO RIVER VALLEY DISTRICT**

Woodlake GC..... \$204

**MISCELLANEOUS**

Estero Bay Women's Club  
 Honor: Mary Sproul ..... \$68  
 District/Club not provided  
 Memory: Lanvin L. Peets..... \$68  
 Memory: Tommie W. Mayo... \$68  
 Anonymous..... \$68



\*\*\*\*\*

**President's Project & Season's Greetings**

**Maryanne Lucas, Chairman**

Greetings can be purchased by individuals, clubs and/or districts. Each greeting is \$5.00 and you have your choice of eight graphic images.

To order:

- ♥ Go to [Season's Greetings](#) on the website (the link is also on the Home Page)
- ♥ Complete the online form. (ONE form for each greeting)
  - ♥ Print one copy to mail with your check
  - ♥ Submit the form electronically
  - ♥ Mail check and copy of form to the address shown on the form
- ♥ NOTE: Please send only ONE check to cover all greetings submitted by individual, club or district.

It's OCTOBER! That means school is back in session and most Garden Clubs including Youth Groups are starting up once again. And it's time to plant fall crops in California! The project ends June 30, 2017. Don't miss your chance to participate and don't forget that each ratified CGCI youth group is entitled to receive a **FREE kit for each child** in their group regardless of group size. That's just another benefit of CGCI membership. Information: Go to: [President's Project](#)

This holiday season....

Save **TIME**  
 Save **MONEY**  
 and Reach **EVERYBODY**

**Season's Greetings**

This year, use **Golden Gardens e-News** to send your seasons greeting to **EVERYONE** and support the President's Project, "Encouraging Future Gardeners" at the same time!

Donations this month:

- ♥ Gisela Sotomayer
- ♥ Mt. Diablo Elementary Parent Faculty Club
- ♥ Organic GC of Sacramento
- ♥ San Juan Capistrano GC
- ♥ Westlake Village GC

**Total to date: \$9,817.00**

