

THE SEEDLING

MAY 2022

President's Message:

This is the time of year we celebrate spring renewal and our big, blue, beautiful planet. It is a time I take stock of my household practices and see where I can improve -- and I always find room for improvement. Over the course of several years, I have made an effort to ditch as much plastic as possible, for example:

- I purchase food in glass or cans and then reuse the glass containers wherever I can
- I use glass or silicone storage containers. Glass and silicone are cupboard, fridge, freezer and microwave friendly. Glass containers I prefer are clamp jars for the pantry and glasslock for the fridge. My favorite silicone storage option is Stasher, it comes in a variety of sizes and is versatile - going from freezer or fridge directly to the microwave. I even used it to try my hand at sous vide! It may seem pricey but not really when you factor in the multiple uses and it's lighter impact on the environment.
- I have mostly eliminated "single use" plastic food storage bags and plastic wrap. I use the aforementioned stasher instead of plastic baggies and I use silicone and beeswaxed cloth to protect food stored in the fridge. Of the plastic baggies that make their way to my home are washed and reused several times. If that doesn't work for you, consider compostable options that are now available.

Despite my best efforts, I continue to have way too much plastic in my house. This year, I'm switching to laundry detergent packets/sachets that you throw into the tub (even front loaders). Not only do you eliminate the plastic bottle but it costs the plant less in water usage (liquid detergent) and transportation fuel consumption (weighs less than liquid equivalent). Here are two options recently shared on GMA by the Editor-in Chief of Martha Stewart Magazine:

<https://ec30clean.com/laundry-detergent/>

<https://www.tru.earth/Store/Tru-Earth-Eco-strips-Fragrance-free-Platinum-64-Loads>

Personally, I think every day should be Earth Day. What ways are you working to save the planet?

Remember to come to the Plant Sale on May 7. Also, hope to see you on the May 11th field trip of the Cuyamaca College Ornamental Horticulture campus and at the Installation of Officers on June 15th at the Chula Vista Golf Course. See details within this Seedling.

Happy Gardening, Lisa Mercier, BVGC President

MAY 7, PLANT SALE, see pg 2

MAY 11, FIELD TRIP TO CUYAMACA COLLEGE, see pg 2

JUNE 15, OFFICER INSTALLATION see pg 2.

AUGUST 10, ROCKING HAWAIIAN SUMMER PARTY . See pg 2

ON-GOING ACTIVITIES

THURSDAY MORNING WALKERS

Join this group to walk the Stephanie Rossi Trail and pick up trash throughout the Sweetwater Regional Park. On the 4th Thursday each month, they tend the Rose Garden at St. John's. Call Darlene Montgomery at 619-623-0783 or Jackie Riekstins at 619-247-5828 for time and location as this can vary with the seasons.

BVGC DEMONSTRATION GARDEN

Thanks to our Thursday Morning Walkers, Sweetwater Community Garden organizers have given BVGC the opportunity to create a demonstration garden in a plot near the garden entrance. If you want to help in the garden or have items to donate contact Jackie Riekstins or Ronni Russell.

**BONITA VALLEY GARDEN CLUB
PLANT SALE**

MAY 7, 9am to 3pm

**Bonita Museum and Cultural Center Patio
4355 Bonita Rd, Bonita, CA 92102**

PLANT SALE PREPARATION

Thank you for collecting, growing and preparing plants for our sale on May 7.

To prepare for the sale;

- Please make your plants look as saleable as possible by cleaning dead leaves.
- Wiping down the pots.
- Water plants well so that they look at their best.
- Please collect boxes for people to use to carry the plants home. If you reseal your box and then cut it in half with a box cutter, this will make 2 nice trays for plant transport.

We have Jackie, Sandy Marking, Sonia and many other members providing our plants.

Please come and help even if you can only spare an hour to two, there will be lots to do, helping customers find the plants that they want and helping with packing plants. If you have a club apron, please wear it at the sale, Nancy will be selling them for \$20 on sale day if you would like to purchase one.

Set up will start around 7am on both Friday and Saturday. please come and help. If you have any questions call Jackie at 619-247-5828 or Susan Currie at 619-892-2933

MAY 11, FIELD TRIP TO CUYAMACA COLLEGE

Since we cancelled the Garden Tour, we are having a field trip to Cuyamaca College Ornamental Horticulture program. At the April meeting attendees learned from Leah Rottke, Program Coordinator, Ornamental Horticulture, about the major redesign and construction made to the campus and the implications for their program offerings. Attendees of the field trip will get to see these changes first hand. Plus, the Nursery will be open so we will have an opportunity to purchase items for our homes and gardens.

To sign up, send an email reply to the email sent on April 21 from BonitaValleyGardenClub@gmail.com.

Also indicate if you need a ride.

OFFICER INSTALLATION JUNE 15, 10am

@ Chula Vista Golf Course.

4475 Bonita Road, Bonita, CA 91902

Registration fee is \$25.

Brunch* will be served and there will be door prizes. Contact Treasurer, Glennalie Coleman, at 619-479-9607, to sign-up if you haven't already.

*** they have a new chef!**



Cookbooks, \$12 and aprons, \$20, will be for sale



ROCKING HAWAIIAN SUMMER PARTY

Wednesday August 10, time TBD.

Sonia Wilson, 3487 Wallace Dr, Bonita
Co chairs, Sonia, Glennalie and Kathy

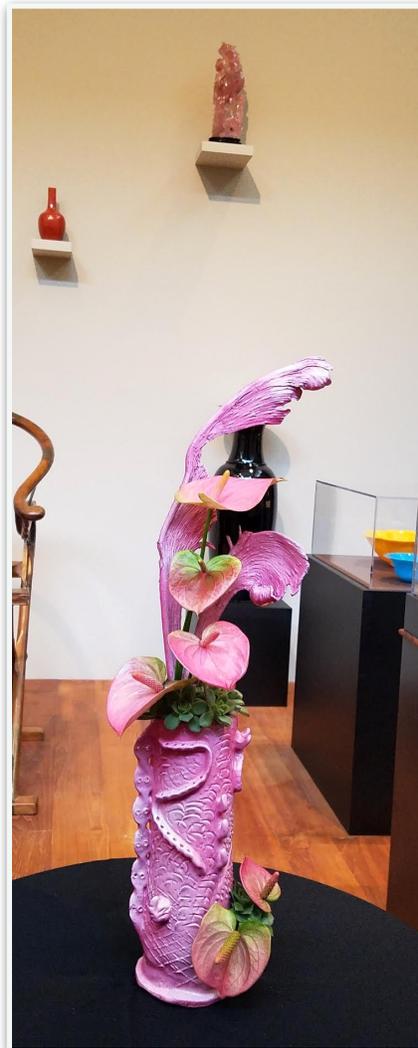


ART ALIVE

2022



Four of our members participated in Art Alive at The Museum of Art in Balboa Park. Here are their beautiful designs. Clockwise from top left, Betty Del Sol, Pat Crisafulli, Carvill Veech and Kathy Taylor. Thank you to Laura Cormode for the photographs.



BVGC SPRING BAZAAR.



Thank you to all our members who helped with the Spring Bazaar. We had so many donations, the tables were full of real treasures. An amazing \$1,123 was our total income for this event.

IT'S TIME!



**DON'T DELAY, RENEW
YOUR MEMBERSHIP
TODAY!**

Membership renewals are due. renewals not received by June 15 will not be included in the next yearbook. Mail \$35 check made out to BVGC to "BVGC-Membership Renewal, PO Box 16, Bonita, CA 91908-0016



Skye Watters

541-441-9040
skyeway22@gmail.com
4987 Camino David, Bonita 91902

Renee McCune

619-421-4638
reneemccune@att.net
2477 Golfcrest Loop, Chula Vista, 91915

Shawn Bajo

619-482-2543
shawn.bajo@att.net
1607 Red Hill Ln, Bonita CA 91902

Please update your contact information
Evita Beas email is now evitab@gmail.com,
changed from evitab@cox.net.
Jere Kauschs email is now:
lkjere@icloud.com
changed from jeralk@icloud.com.



Memorials for Peggy Burley and Sandy Duncan, by Darlene Montgomery

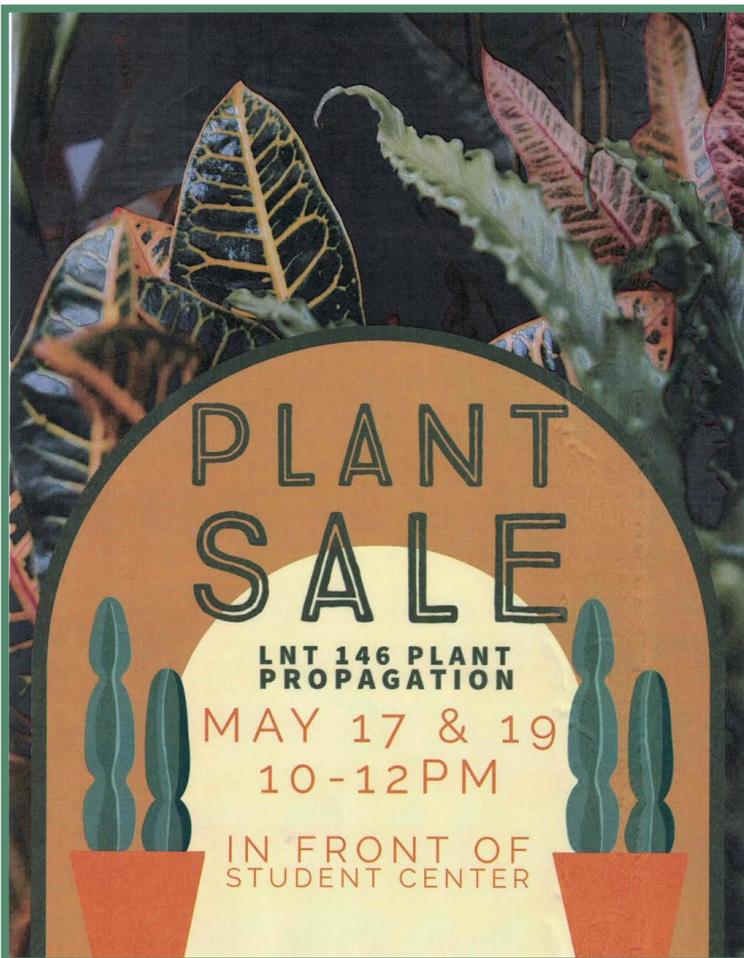
In April, Sandy Marking and Darlene Montgomery and her husband planted a honey locust tree in memory of Sandy Duncan. The tree compliments a similar tree planted by Ronni Russell in memory of Peg Burley. The trees are located in the Sweetwater Regional Park along the Stephanie Rossi Trail which Sandy Duncan often walked with the walking group keeping the park clean. Specifically, they are in an open space adjoining the Sweetwater Road entry and parking area for the park. As they mature, they should be a hardy and beautiful memory of our dear friends.

Sweetwater Park is located at: 5102 Sweetwater Rd, Bonita, CA 91902



PEGGY BURLEY AND
SANDY DUNCAN





SOUTHWESTERN COLLEGE PLANT SALE

More Garden Gems of
KENSINGTON

**San Diego Floral Association's
 2022 Garden Tour**



**Saturday, June 11, 2022
 10:00 a.m. – 4:00 p.m.**

Purchase tickets online
sdfloral.org

Advance: \$25

Day of tour: \$30

TOUR START

Intersection of

Edgewise Rd. & Madison Ave.

(one long block south of Adams Ave.)

Check in for a guidebook and map

Purchase "day of" tickets

Prefer to pay by check?

Mail by June 1 to:

San Diego Floral Garden Tour

1650 El Prado, Room 105

San Diego, CA 92101



**California Garden Clubs,
 Inc. Annual Convention
 June 6-10, 2022**

"A River Runs Through It"

Handlery Hotel, 950 Hotel Circle N,
 San Diego 92108

All attendees **MUST** register...**ONE**
 person per registration form...no
 walk-ins...no exceptions!

Early registration deadline is May 6



Sunshine Lady

*If you know someone who needs
 cheering up, letCarolynn Gibbs know
 and she will send a card*

La Jolla Historical Society's

Secret Garden Tour of La Jolla



Saturday May 18, 2019

The 21st Annual Secret Garden Tour of La Jolla

Sneak into some beautiful hidden gardens this weekend in La Jolla!

Early reservations are recommended as the Secret Garden Tour and Friday Night Garden Candlelight Soirée will sell out quickly. Don't miss it! Tickets are available at www.lajollahistory.org/events/secret-garden-tour/



SAN DIEGO COUNTY FAIR

This summer, the **San Diego County Fair** returns to the Del Mar Fairgrounds with power-packed plans to celebrate the action-packed pop culture superheroes from comic books and the silver screen, to those awe-inspiring community heroes we've found right in our own neighborhoods. Join us as "**Heroes Re-Unite!**" at the San Diego County Fair, June 8–July 4 (*closed Mondays and Tuesday in June.*)

Floral Design Show at The Fair

Our member Betty Patterson Del Sol is the coordinator for the Floral Design Show at the fair. Entry deadline, May 20. Classes include Table Design, Amateur Floral Design, Beginner Floral Design, Petite Floral Design, Table Floral Design, Floral Art Interpretation and Wedding Floral Design.

Contact; Betty Patterson Del Sol, Coordinator, cell 858 229 8013. Flower Show Office, 858 792 4273, Entry Office 858 792 4207.

ANNUAL TEA AND FASHION SHOW, MARCH 9

Our table artists went all out with their decorations and our members dressed in a spectacular manner. A good time was had by all, arguably the best yet. The roaring 1920's was a "dazzling" period, as was our event.



FLAPPERS, by Kathy Taylor



CANDLE STICK, by Irasema Taylor



CHARLSTON, by Linda Phalen
and Darlene Montgomery



IS IT REALLY TEA?, by Sonia Wilson



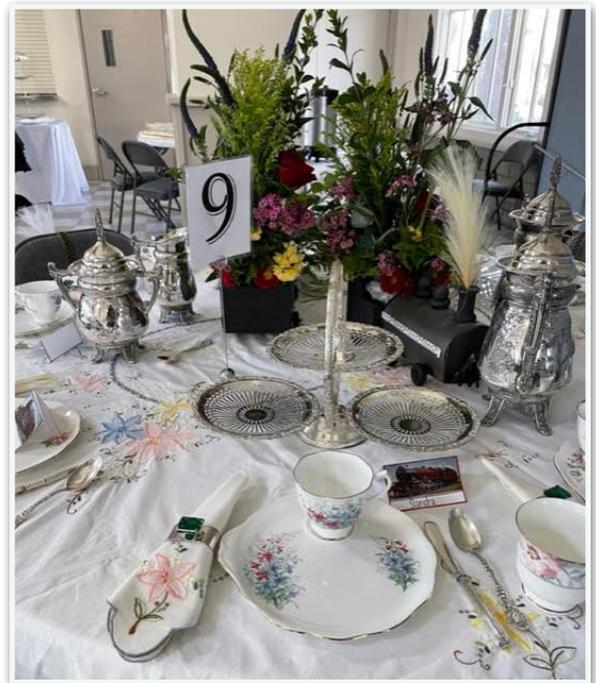
DOWNTON ABBEY, by Glennalie Coleman and Lisa Mercier



PROHIBITION by Pat Crisafulli and Laura Cormode



ART DECO, by Judy Silver



TRAINS, by Susan Currie and Lynne Batchelor



ALL THAT JAZZ, by Irwin Pellerin and Leslie Schroeder



COCO CHANEL, by Deb Pfau and Susie Kirby



19th AMENDMENT, by Nancy Scheffler, Diane Hahnel, and Diane's sister Joyce Sax.



Brenda and Carvill, absolutely fabulous

PRESERVING WILDLIFE HABITATS AND IMPROVING ECOSYSTEMS FOR OUR NATIVE PLANTS



You too can turn your yard into a wildlife habitat

[Certify Your Habitat - National Wildlife Federation](https://www.nwf.org)

<https://www.nwf.org> › [Garden-For-Wildlife](#) › [Certify.aspx](#)

When you certify, your \$20 application fee supports the National Wildlife Federation's programs to inspire others to make a difference and address the issues leading to declining habitat for wildlife nationwide. A portion of your fee also supports work for local wildlife in select affiliate partner states. Certified Wildlife Habitat applicants are asked to confirm they've provided the required number of elements for food, water, cover places to raise young and sustainable practices.

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[Wildlife in San Diego | Wildlife Preserves | Nature Collective](https://thenaturecollective.org)

<https://thenaturecollective.org> › [project](#) › [wildlife-preserves](#)

Wildlife Preserves. Let's protect the wildlife in San Diego. Part of our mission is to protect habitats. In our own backyard, the riparian habitat is a key one to preserve. We do this at the Ford Wildlife Preserve, a 33-acre area provides critical habitats for great horned owls, coyotes, mule deer, and endangered birds.

[Create a bird-friendly habitat and make a difference for ...](https://sandiego.wbu.com)

<https://sandiego.wbu.com> › [create-bird-habitat](#)

While once a daunting thought, it is easier and more realistic to do than ever before...thanks to the National Wildlife Federation's Certified Wildlife Habitat program. Through the use of NWF'S abundant support materials and online resources, everyone can be inspired to create a haven for wildlife in their own yard.

[Conservation - Nature Collective](https://thenaturecollective.org)

<https://thenaturecollective.org> › [conservation](#)

Support crucial San Diego conservation efforts! The Nature Collective's collection of nature-lovers, scientists, and biologists is key to our flora and fauna staying alive and well. Explore our current projects - and even volunteer to chip in. To revive our wetlands, restoring the San Elijo Lagoon's health is a critical step.

[Planting Projects, Backyard Habitats Can Re-Create Livable ...](https://www.ecowatch.com)

<https://www.ecowatch.com> › [planting-backyard-habitats-biodiversity-2645873294.html](#)

The CWHP builds upon that longstanding initiative, with a science-based program framework for community leaders to restore wildlife habitat — including wildlife corridors and road passage areas — and engage residents. The end goal for areas that participate is to be certified as a wildlife-friendly community through the NWF.

Bonita Valley Garden Club Mission

Keep the Bonita and greater Chula Vista area beautiful, protect native plants and wildlife, stimulate interest in good gardening, landscaping, and flower arranging, and promote projects pertinent to garden club activities.

Bonita Valley Garden Club is a 501(c)(3) organization. EIN 26-3516573

BVGC Board

Officers 2021-2022

President: Lisa Mercier
BonitaValleyGardenClub@gmail.com
First VP (Programs): Sonia Wilson
soniaewilson@gmail.com
Second VP (Membership): Sandy Marking
Recording Secretary: Ronni Russell
Corresponding Secretary:
Carolynn Gibbs
Treasurer: Glennalie Coleman
BVGCTreasurer@gmail.com
Appointed Officer - Parliamentarian:
Laura Crenshaw & Carvill Veech

Standing Committee Chairs

Awards: Kathy Taylor
Civic Beautification/Conservation/Arbor Day:
Darlene Montgomery & Cheryl Hughes-Slezak
Floral Design: Kathy Taylor
Horticulture: Jackie Riekstins
Hospitality: Sharon Louder & Pauline Waters
Newsletter: Susan Currie
Publicity: TBD
Scholarships: Bea Putian
Ways & Means: Sonia Wilson and Susan Heavilin
Website: Sandy Brownell
Yearbook: Susan Heavilin
Youth Garden: Joanne Westover

Garden Club Organization & Affiliations

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National Garden Club
www.gardenclub.org
President: Mary Warshauer
Publication: The National Gardener
Theme: "Plant America"

Pacific Region Garden Club
www.pacificregiongardenclubs.org
Director: Lana Finegold
Publication: WACONIAH
Theme: "Reconnect to YOUR Pacific"

California Garden Clubs, Inc.
www.californiagardenclubs.com
President: Lynne Batchelor
Publication: Golden Gardens eNews
Theme: "Plant America - Plant Parks"

Palomar District
www.californiagardenclubs.com/
palomardistrict
Director: Sharon Tooley
Publication: Palomar Pruner

Affiliated with:
San Diego Floral Association, Inc.
<http://www.sdfloral.org>
info@sdfloral.org
Co-Presidents:
Lee Somerville & Jan Thoresen
presidentssdfloral@gmail.com
Publication: California Garden; bi-monthly magazine

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Founded 1972; 85 Members

[http://californiagardenclubs.com/
content/bonita-valley-garden-club](http://californiagardenclubs.com/content/bonita-valley-garden-club)