

# Golden Gardens eNews

[www.californiagardenclubs.com](http://www.californiagardenclubs.com)

March 2020, Vol. 14-12

Member:

**National Garden Clubs, Inc.  
Pacific Region Garden Clubs, Inc.**

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[cgcipresident@cagardenclubs.org](mailto:cgcipresident@cagardenclubs.org)

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**Golden Gardens eNews**

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## Greetings Garden Club Members:



*Shane thanking Alexis Slafer for chairing the Winter Board Meeting at the Queen Mary in Long Beach.*

CGCI just celebrated a “first” - a Winter Board Meeting on the Queen Mary In Long Beach. Great views and a grand way to meet and conduct business. Chairman Alexis Slafer and the Costa Verde District created a FUN time and managed to educate all by including an NGC Tri-Refresher for Consultants. The outstanding speakers included Steve Lang’s “Art full” presentation on using art in the landscape and Price Sheppy’s report on the Mission Blue Butterflies. I can also report that No ghosts were reported as the Queen Mary is haunted. Pictures of this meeting are included in this issue.

This President just attended the San Fernando District meeting with 70 members in attendance. Interesting reports by Club Presidents including club projects and fundraising activities. This district is very fortunate to be able to use city busses. Apparently, the county allows non-profits to use bus transportation twice a year for free. What a great way to promote the clubs’ outings and keep the expense at a reasonable rate. Possibly, other counties have this available for non-profits. Thank you San Fernando District, for your warm greetings and donations to the President’s Project.

**Shane**

### President’s Travel

- March 8: CGCI Arbor day Celebration, Tree Planting, Gardening School
- April 3: Buttes District Meeting
- April 23: Bay Bridges District
- April 27-30: Pacific Region Garden Clubs, Inc. Convention
- May 11-16: National Garden Clubs, Inc. Convention
- May 26-30: CGCI Convention
- June 25: Diablo Foothills District Meeting

**CGCI Calendar**

[californiagardenclubs.com/calendar](http://californiagardenclubs.com/calendar)

- **May 26-30, 2020:**  
CGCI Convention  
Embassy Suites, So. San Francisco  
Co-Hosts: Santa Clara Valley and  
Bay Ocean Districts
- **Aug. 31-Sept. 2, 2020:**  
CGCI Fall Board Meeting  
Sacramento
- **January 24-27, 2021:**  
CGCI Winter Board Meeting  
Van Nuys
- **June 7-10, 2021:**  
CGCI Convention  
Visalia



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**CGCI Schools Chairmen**

**Environmental:** Michael and Leticia  
Biedenbender: [mikeb.cvgc@gmail.com](mailto:mikeb.cvgc@gmail.com)  
**Flower Show:** Gudrun Kimmel  
[gudron56@att.net](mailto:gudron56@att.net)  
**Gardening:** Greg Pokorski  
[gregpokorski@earthlink.net](mailto:gregpokorski@earthlink.net)  
**Landscape Design:** Alexis Slafer  
[aslafer@ca.rr.com](mailto:aslafer@ca.rr.com)

**Gardening School**

**March 7-8, 2020 Course 1**  
**March 28-29, 2020 Course 2**  
**April 18-19, 2020 Course 4**

**Sponsor:**

**Valley Lode District**  
**Location: Turlock**  
**Contact: Berni Hendrix**  
[distdirvld@gmail.com](mailto:distdirvld@gmail.com)

**NGC Schools**

All registration forms are on the  
CGCI website Calendar page  
[californiagardenclubs.com/calendar](http://californiagardenclubs.com/calendar)

**2019-2021 President's Project**

WOW! Lots of activities and generous donations raised **\$2,333** during the short month of February! *Thank you* to **San Pedro Garden Club** and **Divide Garden Club** who chose to transfer their Reforestation Fund donations to this state project. Contributions were also received with gratitude from **Del Norte Garden Club, Hermosa Garden Club, Long Beach Garden Club, Point Loma Garden Club, Greg & Robin Pokorski, South Coast Floral Designers, The Gardeneers** and **Elisabeth Tufo**.

CGCI's Winter Board Meeting held on the Queen Mary in Long Beach included several FUNdraising activities! Those who participated are appreciated for their support:

- **Milly Benson** for the crafts made with all proceeds donated.
- **Pat Clayes** who generously donated twelve unique handmade butterfly pendants that generated \$600 with charitable contributions from **Sue Bennett, Roseann Costabile, Jana Dudley, Bonnie Goldberg, Red Bluff Garden Club, Terry Sampson, Martha Smyser, George Speer, Linda Tucker, George & Judy Unrine, Harriet Vallens** and **Dave West**.

CGCI President, **Shane Looper**, magnanimously donated eight necklaces, three pendants and two rings for the President's Jewelry Box Auction that raised \$800. Those participating with their kind donations and "new" gently-used treasures include **Milly Benson, Peggy Brutsche, Pat Clayes, Lisa Cosand, Jeanne Johnson, Maria Krennek, Judy Powers, Linda Smith, Kathy Taylor de Murillo, Carolyn Villi** and **Julie West**.

The grand total of benevolent support since July 1, 2019 equals **\$8,953**. We invite you to join us pursuing CGCI's objectives to complete the President's Project for this term raising \$20,000 for restoration of the San Bruno Mountain Botanical Garden. Please make checks payable to CGCI and send your contributions in any amount to P.O. Box 75, Graton, CA 95444-0075 - note President's Project on memo line. For more information, visit <http://californiagardenclubs.com/content/presidents-project-2019-2021>

When searching for words to further express our gratitude, I ran across this inspirational quote: *Generosity isn't about money, it's about the heart.* Anonymous Julie A. West, 2019-21 President's Project Chairman

**Winter Board Meeting held at Queen Mary, Long Beach**

Beautiful meeting room and workshops with a view



*"If you have a garden and a library, you have everything you need."*

-Marcus Tullius Cicero



**CGCI Programs & Projects**

Go to [californiagardenclubs.com](http://californiagardenclubs.com)  
for details

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- Membership**

**Chairman: Adele Kelly**  
P.O. Box 27179  
San Diego 92198-1179

- Insurance**

**Chairman: Robin Pokorski**  
512 Newton Street  
San Fernando 91340-2421

- Group Tax Exemption Program**

**Chairman: Sue Bennett**  
7560 Shelborne Drive  
Granite Bay 95746-8617

- Penny Pines**

**Chairman: Nina Blonski**  
Checks to US Forest Service  
Online form

- President's Project 2019-2021**

- Project Mission Blue**

**Chairman: Julie West**  
850 Grandview Road,  
Sebastapol 95472-2930

- Scholarship Applications**

**Chairman: Martha Smyser**  
4949 Mammoth Ave.  
Sherman Oaks 91423-1319

- Stamps**

**Chairman: Terry Sampson**  
10596 Orchid Avenue  
Hesperia 92345-5380

- Donations to the following projects are mailed to:**

California Garden Clubs  
P.O. Box 75, Graton 95444-0075  
Anza-Borrego Desert State Park  
Blue Star Memorials  
CGCI Endowments  
CGCI Scholarship Fund  
Sempervirens Fund

**Reforestation and Restoration Update**

I became chairman of the Reforestation and Restoration Restricted Fund in 2009. Since that year \$14,120.09 has been donated by clubs, individuals, and districts who wanted to support special projects in California National Forests.

From 2009 to 2013, \$7000 in donations were collected. Three projects were completed. A greenhouse and water system in Sequoia National Forest has been completed. Repair of the CGCI sign in the Education Grove in Big Basin Redwoods State Park has been completed.

When the California National Forest Service refused our donations, \$7120.09 remained in the restricted fund. Donors from 2014-2019 were contacted and asked to redirect their donations to CGCI projects.

A moratorium on Reforestation and Restoration funds was approved and the account was closed. A letter was sent to the 23 clubs and districts affected by the closure. The donors were asked to choose between CGCI projects or the return of their donation.

The \$7,120.09 was reallocated from the Reforestation and Restoration Restricted Fund to four CGCI projects: Anza Borrego \$1925, the President's Project at San Bruno Mountain State Park \$350, Project Mission Blue \$200, and the Sempervirens fund at Big Basin Redwoods State Park \$2009.09. Four donors requested return totaling \$2,636.00.

Thank you for allowing me to be of service to CGCI and the California National Forests.

Judy Unrine, Chairman

**Winter Board Meeting held at Queen Mary, Long Beach**

Historic rooms with beautiful wood and interesting features



**Awards, Honors & Recognition**

CGCI offers many ways to say  
"Thank You" or "Good Job"

NOTE: Check the forms for the  
correct mailing address

[californiagardenclubs.com/forms](http://californiagardenclubs.com/forms)

**♥ Awards Program**

Chairman: Pat Clayes

[californiagardenclubs.com/awards](http://californiagardenclubs.com/awards)

**♥ Business Commendations**

Chairman: Judy Bates

Online request form

**♥ California Consultants Council**

Chairman: Sue Bennett

Sue\_c\_bennett@att.net

Consultant of the Year,  
Environmental, Gardening, &  
Landscape Design awards.

**♥ Honor Book**

Chairman: Bette Langford

102 Calle Cuervo

San Clemente 92672-2423

**♥ Life Memberships**

Chairman: Carlotta Wixon-Welker

14216 Karry's Place

Grass Valley 95945-7934

**♥ Long-Term Certificates**

Chairman: Judy Bates

Online request form

**♥ Member Award of Distinction**

Chairman: Judy Bates

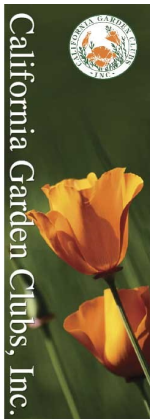
5075 Valley Crest Dr #246

Concord 94521-4914

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**Promotional Materials**

Did you know that CGCI offers  
promotional and informational  
materials and many are FREE\*!



- Banners
- Bookmarks\*
- Rack Cards\*
- Pamphlets\*

(Check the website for  
ordering details)

**Give your Dishwater a 2<sup>nd</sup> Life**

**Submitted by Carol Jauregui, Buttes District Director 2019-2021**

In January, the Lake Oroville Area GC had a presentation about Paradise, and it touched on using grey water. It prompted me to ask "Do you recycle your dish-water?"

For pioneer women, water was precious; they re-used their laundry and dish-water to water their gardens. If you had to pump and haul water, you made it do double-duty!

Growing up in the desert, water was expensive, and conserving it was crucial. Our washing machine water discharged into a pipe that was routed to a ditch adjacent to a row of trees. Because of that, those trees thrived! And it saved labor; you didn't have to move the hose from tree to tree.

It might seem like a drop in a bucket, but you can give your dishwater a second or third use. If you've just made dishwater and it gets cold, rewarm it in a pan. Slightly dirty water can be used to presoak dirty clothing, run your disposal, or flush your toilet. Saved in a bucket, you can wash your plant pots, clean your tires & wheel covers, or wash off areas of your patio. There are many more uses. Once the water gets really dirty, throw it out under a tree or on a bare spot in your yard. Your shrubs won't complain and the mild soap will deter insects.

Remember California's many years of drought? It takes years to recharge the water tables. Water prices have increased dramatically and choosing to use the washer and dishwasher means we consume a lot more water. Multiply that by the millions of people in California. In recent years, washing machines and toilets have been improved so that they use less water. But the fact remains that the more water we pull out of the aquifers, the more rain it takes to replenish that source.

Lastly, don't forget the slogan: Reduce, Reuse, Recycle, and Repurpose. Doing the above counts as all four of those.

**Best "Green" Recipe Award****One of the 2019 Award Entries**

*Italian Garden Soup* By Palma Lindsay, Divide Garden Club

Ingredients from my garden:

- 1 med. red onion (chopped)
- 1 med. yellow onion (chopped)
- 1 T fresh thyme
- 1 fresh oregano
- 2 fresh sage leaves (chopped)
- 1 acorn squash
- 5 cloves garlic 2 T organic olive oil
- 1/2 tsp. fresh rosemary (chopped)
- 1/2 cup carrots (chopped)
- 1 cup cremini mushrooms (we forage from the forest behind our home)\*
- 1/2 cup zucchini (peeled / chopped)
- 1 qt. vegetable broth 1 cup tomato sauce (we can our own tomatoes)
- 1 stalk of broccoli
- 2 med. Tomatoes (chopped)
- 1 cup kale (chopped)

Ingredients from local growers, vineyards or farmers markets:

- 1/4 tsp. fennel seeds
- 1/2 tsp. caraway seeds
- 2 T ghee (or butter)
- Pinch of red chili flakes
- 6 oz. red wine or port
- 1/3 cup dried barley
- 1/2 cup arborio rice
- Grated hard cheese (such as Parmesan) or soft goat cheese

Additional: 1/2 tsp. salt; 1/4 tsp fresh ground pepper; pinch of onion powder; 1 cup (or less) water

Process: Cut the top and bottom off of the acorn squash; cut it in half; remove the seeds; drizzle it with olive oil and 4 cloves of garlic, half of the salt, pepper, red chili flakes, a pinch of onion powder and the rosemary. Bake at 350° until fork tender.

In a large pot, sauté the fennel seeds and caraway seeds in the ghee until tempered (when seeds begin to crack). Add the red and yellow onions and slowly simmer until onions caramelize. Add the salt, pepper, thyme, oregano, sage leaves and red chili flakes and reduce by 1/2. Add the chopped mushrooms, carrots, zucchini, wine and bring to a boil and deglaze the mixture scraping the bottom. Mince the remaining clove of garlic and add it to the pot. Add the barley and rice and stir. Chop the roasted garlic from the acorn pan and add it to the mixture with the vegetable broth, tomato sauce and broccoli. Scoop the acorn squash from the peel and add it along with up to 1 cup of water (taste the soup; you might need less). Add any additional amounts of herbs previously used to taste. Simmer to heat through and serve with grated cheese and slice of your favorite Italian bread.

\*can also use mushrooms or morels



**President 2019-2021****Gay Austin****Headquarters:**

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 St. Louis, MO 63110-3492  
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 Fax: 314-776-5108

**Email:** [headquarters@gardenclub.org](mailto:headquarters@gardenclub.org)**Publication:** *The National Gardener***Website:** [gardenclub.org](http://gardenclub.org)**Conventions:**

May 11-16, 2020: Milwaukee, WI  
 May 17-20, 2021: Rutherford, NJ

**Ongoing projects:**

- Plant America
- Ames Garden Tools
- Blue & Gold Star Memorials
- US Botanic Butterfly Garden
- School Gardens
- Spring Planting for Butterflies
- Water Projects

(Go to [gardenclub.org](http://gardenclub.org) for details on these and other projects)

**Director: 2019-2021****Robin Pokorski****Publication:** *WACONIAH***Website:**[PacificRegionGardenClubs.org](http://PacificRegionGardenClubs.org)**Conventions:**

April 27-30, 2020: Silverton, Oregon  
 April 9-11, 2021: Las Vegas, Nevada  
 2022: Washington

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If not, you can subscribe here  
 (it's FREE):

[californiagardenclubs.com/  
 cgcineletters](http://californiagardenclubs.com/cgcineletters)

**Project Mission Blue - Phase II**

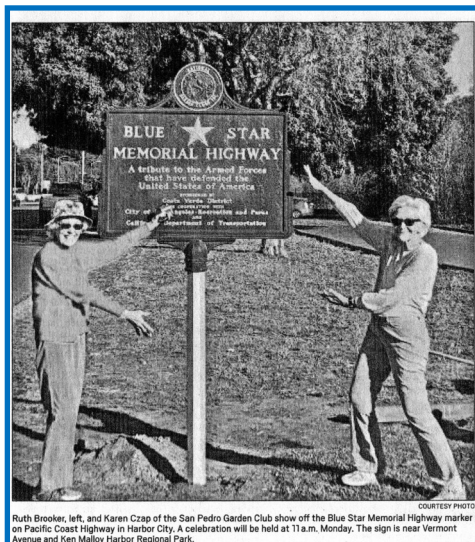
CGCI was fortunate to have Price Sheppy from *Golden Gate National Parks Conservancy* (GGNPC) at the 2020 Winter Board Meeting in Long Beach. Price's presentation to the Board of Directors included an update on the various methods of propagation success for the twelve nectar plants in Phase II as well as the overall population of the federally endangered mission blue butterflies. Upon conclusion of his report, CGCI presented a check to GGNPC for \$1,000 representing the charitable donations received from clubs, districts and individuals that financially support Phase II.



California Phacelia (*Phacelia californica*) pictured here is one of the twelve nectar plants being propagated in Phase II.

It is a good sprawling, hairy ground cover that favors rocky slopes, coastal bluffs and grasslands along the northern and central California coast. This native perennial blooms spring into summer and produces papery lavender flowers in slightly coiled clusters above clumps of crinkled, silvery leaves. Nectar is favored by hummingbirds, bees and butterflies; songbirds eat the seeds. It is a great addition to native pollinator gardens.

*Thank you* to **Vista Garden Club** and **West Valley Garden Club** who chose to transfer their Reforestation Fund donations to this state project as well as **Pacific Garden Club** in honor of CGCI President, Shane Looper. **\$300** has been received since last reported in the January issue. The grand total of your generosity since July 1, 2016 is **\$5,383** for Phase II. Additional information and donations in any amount made be made by clicking this link to CGCI's website: <http://californiagardenclubs.com/projectmissionblue>. CGCI is grateful for your continued support for this state project that concludes in 2021!



Ruth Brooker, left and Karen Czap of the San Pedro Garden Club show off the new Blue Star Memorial Highway marker.

**What's Cookin' in the Pacific Region**

A fundraiser cookbook featuring recipes from around the Pacific Region is available for only \$15.

To purchase this limited edition, contact Robin Pokorski at [CGCIRobin@gmail.com](mailto:CGCIRobin@gmail.com) or 818-361-7873 to reserve your copy.



Nina Blonski, Chairman  
 pennypines@cagardenclubs.org

Total Donations for January 2020: \$4148

District	Club	Donor		Memory (M) or Honor (H) of Whom	Amount
Bay Bridges	Friends of Heirloom Flowers GC	M	Judy Johnson		68.00
Buttes	Chico Horticultural Society	M	Elyot W. Johnson		68.00
Buttes	Garden Club of Colusa County	M	Gary Peterson		68.00
Cascade	Redding Wonderland GC	M	Charles (Chuck) Macy		68.00
Cascade	Redding Wonderland GC	M	Rosemary Thomas		68.00
Channel Islands	Conejo Valley GC	M	Ronald Hedin		68.00
Costa Verde	Hermosa GC	H	Caroline Kingston		68.00
Costa Verde	Hermosa GC	H	Los Angeles County Firefighters		68.00
Costa Verde	Hermosa GC	H	Paradise High School Football Team		68.00
Costa Verde	Hermosa GC	H	Paradise Firefighters of California Firefighters		68.00
Costa Verde	Hermosa GC	H	Ventura County Firefighters		68.00
Costa Verde	Hermosa GC	H	Butte County Firefighters		68.00
Diablo Foothills	Livermore-Amador Valley GC/Karen Furst	M	Jack Alberson		68.00
Diablo Foothills	Livermore-Amador Valley GC	H	Valley View, Hearst, Walnut Grove and Fairlands Elementary		340.00
Golden Foothills	Auburn GC	H	Auburn Garden Club		272.00
Golden Foothills	Auburn GC	M	Ralph Sutton, Joyce Richter		
Palomar	Paradise Gardeners				68.00
Palomar	Mission Hills GC	M	Dr. Richard Disraeli, Marty Sutton, Anne McVadon		204.00
Palomar	Chula Vista GC	H	Jane Malena		68.00
Palomar	Point Loma GC	M	Larry Blenis		68.00
Palomar	La Jolla GC	M	Dibby Wolfe		68.00
Roadrunner	Hesperia GC	M	Elvan Hensch		68.00
Sac. River Valley	Elk Grove GC	H	Past Garden Club Members		68.00
San Fernando Valley	Southern California GC	H	Jane Gordon, Woodland Hills Designers Club		136.00
San Fernando Valley	Sherman Oaks GC	M	Edith Fodrea		68.00
San Fernando Valley	Sherman Oaks GC	M	Sandra Schlanger		68.00
Santa Clara Valley	Marina Tree & Garden Club				136.00
Sequoia Foothills	Hanford GC				68.00
Top O' The State	McCloud GC				340.00
Valley Lode	Calaveras County G C Inc.	H	Calaveras County Garden Club, Inc		680.00
Valley Lode	Valley Lode District	H	Penny Binney		68.00
Valley Lode	Oakdale GC	M	Ronil "Ron" Singh		68.00
Valley Lode	Manteca GC	M	Forest Fire Victims		68.00
Valley Lode	Turlock GC	H	Donna Artrip, Bonnie Pacheco, Linda Davis, Barbara Black		476.00
Valley Lode	Turlock GC	M	Pattie Cressio, Darlene Allen, Ann Terrill		
Valley Lode	Foothill GC	M	Ronald Wright Britting		68.00
Valley Lode	Calaveras County G C Inc.	H	John Randell		68.00
Valley Lode	Sierra Madre GC	M	Bernice Ness		68.00