



# THE SEQUOIA



EUREKA SEQUOIA GARDEN CLUB MONTHLY NEWS

A CGCI &amp; NGCI AWARD-WINNING NEWSLETTER



## PRESIDENT'S MESSAGE: KAREN BURGESSER

ESGC heads to the home of Certified Aesthetic pruner, Carolyn Cooley on August 18th at 10 a.m. for a demonstration of aesthetic pruning, a technique that incorporates visual art and design principles to work with plant materials in their unique settings.

Located in Bayside, this three-acre property contains a variety of neglected shrubs Carolyn will use to teach us some of the skills she applies when pruning.

The demonstration will be approximately 90 minutes long and will be followed by a brief business meeting to review and approve the 2023-2024 draft budget. Additional meeting details will be sent out a week prior to the meeting.

**Carolyn's Story:** In sixth grade I did a research project on apple pollination, and I have been interested in trees ever since! I grew up in the Northeast and moved west for college. In 2000, an apprenticeship with a master pruner in Washington State taught me the fundamentals of pruning. I studied arboriculture and aesthetic pruning at Merritt College in Oakland, and I have been a Certified Aesthetic Pruner since 2011. I had a successful aesthetic pruning business in Santa Fe, New Mexico before moving to Humboldt. My work is informed by experience in landscape

maintenance and installation as well as my academic study of art, especially principles of design and composition. I now live in Bayside with my family on a three-acre property. We are slowly uncovering and refining the landscape plantings that came with the property, as well as planting a small orchard, California natives and edible plants. It is very much a work in progress!

"Aesthetic Pruning is the creative interpretation of small trees and shrubs. This living art form combines the artistic skill of the pruner, the essence of a tree, the science of horticulture and the needs of clients and surroundings.

With its foundation in Japanese garden pruning, bonsai and arboriculture, aesthetic pruning incorporates visual art and design principles to work with plant material within its unique setting. Due to the universality of its approach, aesthetic pruning benefits all situations and garden styles."

—Aesthetic Pruners Association - [aestheticprunersassociation.org](http://aestheticprunersassociation.org)

## IN MEMORIAM- AUDREY SANDBURG 11/20/19 – 6/24/2023



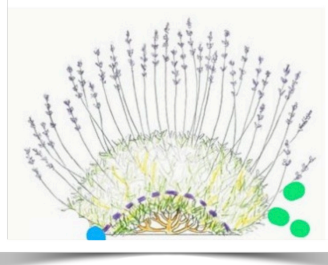
I am a firm believer in the power of gardening to maintain our health and well-being, so it is with sadness I take this time to remember our lifetime member, Audrey Sandburg, who passed away at age 104. Audrey was very active in the club, serving as president from 1994-1999. In 1994 she spearheaded the effort to install a Blue Star Marker at the Eureka Chamber of Commerce building, chose the plaque and planned the dedication ceremony. (from The Sequoia, Nov 2017). ESGC members

continue their efforts to maintain this marker honoring both the servicemen and women originally recognized with this plaque, as well as our members, like Audrey, who made it happen in the first place. -Editor

### IN MY GARDEN-SIMONE TAYLOR: LAVENDER

Are you curious about when and how to prune your lavender plants? A friend once told me that the bees are our best indicator for when it is time to pick the lavender. Busy bee traffic means it is time. It's important to know which type of lavender you are growing for your best results. Each variety has a slightly different pruning time. Did you know there are over 45 different species and over 450 varieties of lavender? Most of the lavender we will see on the North Coast is a variety of English lavender, *Lavandula angustifolia*, and the variety for today's topic. English lavender is ready for its first cutting in early summer and the key to the first cut is to trim the stems back to the first bracket. Look down the stem for 2 stems beginning to sprout new buds and cut just above it. By August or September,

After the blooms fade, shape the plant into a mound as you prune—  
Garden Gate Magazine



these will turn into long stems. As the bees begin to lose interest, and the color begins to fade, it is time for a deeper cut and the shaping of the lavender clump. At this point, cut off about 2/3 of the plant height or to just above the bottom 2 or 3 sets of leaves above the woody section. Most growers prefer a rounded mound shape. By pruning twice per season, the

lavender avoids getting leggy or woody. In the diagram, from the Garden Gate magazine, the first cut is indicated with the green dot and the second cut is in blue. Enjoy the wonderful benefits of growing lavender for many years to come. make way for other ornamentals battling it out for light. If you are so lucky as to not already have comfrey



### INSPIRATION

*Happiness is to hold flowers in both hands.* - Japanese Proverb

### HAPPY AUGUST BIRTHDAYS!

Teri Delaney-18,  
Peggy Walstead-20,  
Cindy Humphry-23

### THE CALENDAR FOR AUGUST

8/1 Full Moon- Strong Sun Moon  
8/6 Summer Music Series at HBG  
8/16 Gala Fair Preview, 5:30-7:30  
8/17-8/27 County Fair  
8/20 Summer Music Series at HBG  
8/18 ESGC field trip to Bayside  
8/30 Full Moon, Fire Moon, a Blue Moon

### EUREKA SEQUOIA GARDEN CLUB, INC.

Organized 1967, Incorporated 1977

A CGCI Blue Ribbon Club

PO Box 479 Bayside, CA 95524

[http://californiagardenclubs.com/](http://californiagardenclubs.com/eurekasequoia)

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707-845-4376

Meets monthly, 3rd Friday

Agricultural Center 5630 S. Broadway, Eureka

Annual Dues \$25 Individual, \$35 Family

### 2023-2025 ESGC EXECUTIVE COMMITTEE

President-Karen Burgesser Secretary-TBA

VP-Winifred Creamer, Treasurer-Carolyn Chamberlin

Director-Wendy Robertson Director-Cindy Humphry

Past Pres-Maria Krenak Parliamentarian-Chuck Goodwin

### NATIONAL, REGION, STATE, & DISTRICT OFFICERS

National Garden Clubs, Inc. President -Brenda Moore;

Pacific Region Garden Clubs, Inc. Director-Carol

Norquist; CA Garden Clubs, Inc. President-Carol Vallens;

Humboldt District CGCI, Director-Karen Hall

**A proud member of National Garden Clubs,  
Inc.; Pacific Region Garden Clubs, Inc.;  
California Garden Clubs, Inc. and Humboldt  
District, CGCI**