



THE SEQUOIA



EUREKA SEQUOIA GARDEN CLUB MONTHLY NEWS

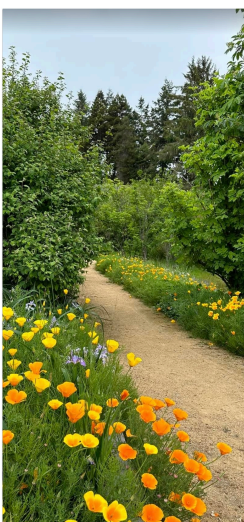
A CGCI & NGCI AWARD-WINNING NEWSLETTER

PRESIDENT'S MESSAGE: KAREN BURGESSER

ESGC HITS THE ROAD!

On Friday, July 21, at 11:00 a.m., ESGC will be visiting the Trinidad Museum Society's Native Plant Garden and Museum. The garden co-chairs Ingrid and Mary will be on hand to guide us through the garden. If you have never been inside the museum, plan on touring inside after we have visited the Native Plant Garden. Bring a snack or your own lunch or visit one of the restaurants after our meeting. Think about carpooling and bringing a friend!

Trinidad Museum opened in its 1899 rehabilitated home at 400 Janis Court off Patrick's Point Drive in 2009. Native plant volunteer enthusiasts began designing the garden with the assistance of Nancy Rehg well before that. The three acre vacant site donated by the Saunders family was meant to accommodate the museum, gardens, Saunders Park and a library, and later the Trinidad Coastal Land Trust office/gallery. The land on which the garden volunteers toiled consisted of rocky fill with clay and weeds. No top soil was in evidence. A vernal pond was dug. Pathways around the pond were designed using decomposed granite. Soil amendments were added. Native



strawberry ground cover was planted followed by a multitude of native plants including poppies, lupin, alder, ceanothus, twinberry, columbine, iris, ferns, silk tassel, colt's foot, huckleberry, and many other flowers and shrubs. For over 15 years, the current garden co-chairmen, Ingrid Bailey and Mary Spinass Kline, with the dedicated help over the years of Jill Mefford, Ron Johnson, Virginia Waters, Claire Perricelli, Karl & Maija Kalb and other volunteers have nurtured tirelessly to give garden visitors a beautiful, serene place to stroll and to spot the birds, butterflies, bees and frogs and other fauna which the garden and pond attract. The garden has earned a



"Best Native Plant Garden" from the City of Trinidad and a California Native Plant Society award for excellence.

2023 PLANT AND YARD SALE: SHELLEY LUSK



Photo Credit Karen Burgess

I have a confession: each year, on the evening before the plant sale, I have two recurring perseverations. The first one is that we don't have any plants show up to sell, and the second one is a gnawing fear nobody comes to buy plants. Despite the fact that each year I end up being overwhelmed by how many plants do arrive on the morning of the sale, and how many people come to buy them! This year was no different. Many gardeners donated to Marcy's scholarship fund and took home the roses she propagated. Members stepped in and helped in so many different ways: providing plant advice, carrying purchases to the car, setting up, and cleaning up at the end. We enjoyed an opportunity to visit with the community, and amongst ourselves. By 1 pm, we wrapped up, everything was whisked away, and another successful sale finished the year!

IN MY GARDEN

We are starting the club year with a new feature we know you will like: a column sharing ideas and how members use plants grown in their own gardens. This column will alternate with the ever-popular horticulture report Georgina has been submitting for many years now. This month member Mir de Silva

brings us a how-to on putting comfrey to good use:

Monty Don's Comfrey Tea liquid

I have been an avid Gardener's World watcher for several years now, and I'm always excited to learn new ways I can help my garden organically. This liquid fertilizer gets brought up almost every season because it's a powerful potassium boost, which helps fruiting and flowering plants like berries and tomatoes. It's easy, and one batch goes a long way. The best part is, it makes use of a common weed in our garden: *symphytum officinale*, commonly



known as comfrey. I have this growing in a part of my yard that is normally host to more noxious weeds like field bindweed and burdock. I let it get nice and big to the point of flowering, much to the bees' delight. By early

summer, comfrey is pretty tall and ready for this recipe, just in time to cut it back and make way for other ornamentals battling it out for light. If you are so lucky as to not already have comfrey running rampant in your yard, I suggest growing it in a pot!

Step by step:

1. Harvest leaves from your comfrey, enough to lightly fill a bucket.
2. Cover the leaves in the bucket with water until they are fully submerged (you can use a rock to weight them down).
3. Cover the bucket with a lid and put it away for 3 weeks. It will smell, so plan accordingly.
4. In 3 weeks your solution should be dark and sludgy. Strain it into jars to seal. The smell is normal! Store the jars somewhere cool and dark.
5. Add the solution to your watering can in a 10:1 ratio and fertilize your flowering and fruiting plants weekly.

Pro tip: If you're smelly adverse, you can also simply strip the leaves from your comfrey plant and use them to mulch around your fruiting and flowering plants. This will suppress weeds and break down gradually to feed your plants as well. It's always a great addition to any compost.-Mir de Silva

INSPIRATION

Happiness is to hold flowers in both hands.- Japanese Proverb



HAPPY JULY BIRTHDAYS!

Joy Ehlert-2,
Winifred Creamer-8
Shelly Lusk and
Larissa Wickizer-28,
Simone Taylor-30

THE CALENDAR FOR JULY

- 7/2 Summer Music Series at HBG
- 7/3 Full moon- Long Days Moon
- 7/4 Independence Day
- 7/17 Summer Music Series at HBG
- 7/21 ESGC field trip to Trinidad Museum

EUREKA SEQUOIA GARDEN CLUB, INC.

Organized 1967, Incorporated 1977

A CGCI Blue Ribbon Club

PO Box 479 Bayside, CA 95524

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Meets monthly, 3rd Friday

Agricultural Center 5630 S. Broadway, Eureka

Annual Dues \$25 Individual, \$35 Family

2023-2025 ESGC EXECUTIVE COMMITTEE

President-Karen Burgesser Secretary-Fran Dody

VP-Winifred Creamer, Treasurer-Carolyn Chamberlin

Director-Wendy Robertson Director-Cindy Humphry

Past Pres-Maria Krenak Parliamentarian-Chuck Goodwin

NATIONAL, REGION, STATE, & DISTRICT OFFICERS

National Garden Clubs, Inc. President -Brenda Moore;

Pacific Region Garden Clubs, Inc. Director-Carol

Norquist; CA Garden Clubs, Inc. President-Carol Vallens;

Humboldt District CGCI, Director-Karen Hall

A proud member of National Garden Clubs, Inc.; Pacific Region Garden Clubs, Inc.; California Garden Clubs, Inc. and Humboldt District, CGCI

