

OVER THE GARDEN WALL

Member of the San Fernando Valley District, California Garden Clubs, Inc.,

Pacific Region, and National Garden Clubs, Inc.

*Newsletter Number 184 **October 2022** Editor: Ingrid Nonnast*



October 6, 2022 Meeting Agenda

10:00 a.m. Business Meeting
11:00 a.m. **Gardening and Watering Techniques in Today's World**
Kreigh Hampel, Speaker

President's Message

Dear Members,

I am writing this in mid-September during a brief cool-down in our usual hot weather. It makes me know that autumn is approaching and with it our typical planting season. For now, I leave all the brown, brittle seed heads on my flowering plants for the birds to take their final harvest. Have you thought about what you will plant this fall and winter? I look forward to days cool enough to grow lettuce again!

One of our favorite speakers returns this month, Kreigh Hampel. His talk has timely information for us; "Gardening and Watering Techniques in Today's World" offers essential knowledge about water cycles, soil fertility, urban agriculture, and whole health designs. Kreigh promises to answer questions on gardening during our unpredictable seasons of climate change.

In my own garden this year I have been using a watering device I first learned about from Kreigh and from our member Robin Gemmill. The "olla" is an ancient device that provides slow water delivery to nearby plants through osmosis. Use of these has kept my bitter melon vine growing through the entire summer and kept my basil producing better than in any previous year. Garden club programs keep me learning and my garden growing.

I look forward to seeing you soon,

Kathy

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October 12, 2022 Meeting

Gardening and Watering Techniques in Today's World

Kreigh Hampel, Speaker



Kreigh is insatiably curious about the planet's living/breathing systems. He works on community improvement projects including the Monarch Mile, Burbank Community Gardens, school composting programs and consults on a variety of garden and landscape issues.

Kreigh's talk brings together essential information about water cycles, soil fertility, urban agriculture, and whole health designs, answering our questions about how to keep our gardens fresh and lovely as we experience a changing and unpredictable climate.

Repotting Cymbidiums

By Graham Ross, Garden Clinic

DIVIDE & CONQUER If your cymbidiums have roots flying out of the pot or have been in the same pot for four years or more with no flowers, these are signs they need dividing and repotting. The best time to repot is **after flowering, between September to November.**

Step 1. Remove plant from the pot, using a knife or similar tool to assist, if required.

Step 2. Cut clump in half with a sharp spade or knife. If the clumps are still large, consider splitting again. Don't worry about the roots.

Step 3. Twist to remove any unproductive grey, black or dead bulbs.

Step 4. Remove 60-70% of old, unproductive roots, leaving 3--4 thick, fleshy creamy-grey roots. Cut these healthy roots back by 40-50%.

Step 5. Clean pots with disinfectant diluted in water. Pots should be 12" (30cm) for big plants or smaller plants in 8" (20cm) or 6" (15cm) pots. Terracotta is my preference.

Step 6. Replant using half orchid bark and half orchid mix. Bury the bulb, ensuring the leaves are sitting on top of the soil.

Step 7. Water in with water-soluble orchid food. Position new plants in the shade of a tree or a under shade cloth until January. After this time, bring them out to enjoy the full morning sun, but take care as midday sun may burn the leaves. It is the sunshine on the bulbs combined with fertilizer that encourages spring's flowers.

Step 8. Feed with an orchid fertilizer Repeat application once every 2-3 weeks. Don't feed during summer heat.

In Memory

Richard Itomura, Kathy's husband, died Sept 3 this year, at home. He was an architect, artist, gardener, potter, beekeeper, and the light of Kathy's life. He is missed by his large family and many friends.



Baking Soda in the Garden

Tips from Pinterest

Gardening is one of the best physical activities you can do, as it comes with countless physical and mental health benefits. Moreover, fresh and home-grown produce is of much higher quality than the ones we buy at a grocery store, and the taste is simply incomparable.

Baking soda, instead of the synthetic chemicals, is a safer and cheaper way to take care of your garden:

Insect repellent

- To keep the critters away, mix one tablespoon of olive oil, two tablespoons of baking soda, and a couple of drops of liquid soap with a gallon of water. Spray it in the garden every three days to keep the bugs away.
- Mix flour and baking soda in equal amounts and dust any produce growing with Cabbage worms, and you will destroy them.
- Mix 5 tablespoons of baking soda with the same amount of powdered sugar, and a tablespoon of water, and pour the mixture into ant-hills. Add a bit of vinegar, and you'll reduce the ant population around the garden.

Cleaning

- Use baking soda to clean the decorations in your garden. Wash them with a quart of warm water and two tablespoons of baking soda. Dip a brush into the mixture and scrub the stains away.
- Baking soda is excellent for cleaning the garden walkways as well. When they become covered in weeds and grimy, wash them with the same mixture, and they will become beautiful again.
- Clean and deodorize the garden tools with baking soda.

Penny Pines

By Mrs. Chipmunk

Another Hot Summer.

No forests, no shade, no birds, no squirrels,
no trees. No walk in the woods

Support Penny Pines

Send a donation

To support the Forest's efforts

To replant trees after the forest fires.

Make out a check to "Burbank-Valley Garden Club"
and designate it as a donation to Penny Pines.

Tax deductible....mail to our Treasurer,

Thank you

Mrs. Chipmunk

and our wonderful forests.

Where does the money go?

- In southern California, contributions may be used to prepare plantation sites for new trees or planting seedlings grown in Forest Service nurseries throughout California.
 - Seedlings are grown from local seeds and acorns and replanted near the areas where the seeds were collected to improve their chance of survival.
 - The funds may also be used to maintain existing tree stands and improve wildlife habitat or replant burnt or otherwise damaged forests in conjunction with federal funds.
 - Plantations are important for watershed protection, soil stabilization, and shade for recreation areas. Any of these activities may be funded through Penny Pines donations.
- The Penny Pines Reforestation Program plays a vital role both in renewing the national forests in California and in multiple-use management. Trees help the ground store precious water, protect against soil erosion, and add to the scenic beauty of the national forests.



Judy Kenehan was camping in Mammoth with all her family over the Labor Day weekend. On their drive around, they came upon the Penny Pines sign. They stopped to take the picture and Judy told all her family how BVGC collects money to donate to Penny Pines so the Forest can plant more trees.

Happenings

October 8, 2022 5:00 — 9:30 pm

An Evening Under the Harvest Moon

TreePeople's Coldwater Canyon Park

12601 Mulholland Dr., Los Angeles

Tickets Available for Purchase

Website: treepeople.org/harvest-moon

Phone: 818 753-8733

Live entertainment, silent and live auction,

fun activities and fabulous catering

Dress Code: Canyon chic —boots/comfortable

footwear recommended

October 13-15

6th Annual International Orchid Show

The Orchid Society of Southern California

The Southern California Garden Club is sponsoring the Design section of the Orchid Society Show at the Huntington Gardens and Museum

The design section has three Classes: Parallel, Horizontal, and Designer's Choice. If interested in participating with a design, please contact Harriet Vallens at (818 996 3530) or hovallens@att.net

October 16-19

CGCI Fall Board Meeting

Wyndham Hotel, Sacramento

October 20, 2022 10:00 A.M.

Burbank African Violet Society Club Meeting

The Little White Chapel

Club member Beverlee Nelson will be presenting "Burbank African Violet Society Dawg Show For African Violets." Bring your worst African Violets! Certificates will go to the Worst Show Plant!

Ribbons will be awarded in first, second and third place. Guests welcome.

October 24

San Fernando Valley District Meeting

Sepulveda Gardens

16633 Magnolia Blvd., Encino, CA 91406.

Everyone invited. Enjoy some fun and friendship.

Carpooling may be arranged. Need a ride? Contact Kathy Itomura at 818 642-1003.



Happy October Birthday

October 1	Anna Torres
October 3	Terry Davis
October 10	Lois Russo
October 19	Sandra McFarland
October 20	D. Jean Collins



CORRECTION

Wrong information was given for our new member **Paul Palmquist** in the September newsletter.

Please correct your records:

Phone number: 310 367-7710

Birthday: December 10

Burbank-Valley Garden Club
907 North Clybourn Ave
Burbank, CA 91505-2701

**2022-2023
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Noella Ballenger
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