



# THE SEQUOIA



EUREKA SEQUOIA GARDEN CLUB MONTHLY NEWS

A CGCI &amp; NGCI AWARD-WINNING NEWSLETTER

## PRESIDENT'S MESSAGE: KAREN BURGESSER

With the fall season almost over, and winter on the way, it is time to put to bed the summer garden, bring in the fall harvest, plant a winter garden and plan for spring blooms. Gardeners will spend more indoor time dreaming about and planning their next garden, but may need some advice. The Eureka Sequoia Garden Club members have an abundance of expertise and experience gardening in our local area in all seasons. ESGC Vice President Winifred Creamer has created a new activity "Table Talk" for the November program and we will explore seasonal topics and share our gardening experiences.



## NOVEMBER MEETING PROGRAM: TABLE TALK WINIFRED CREAMER

We're trying something new at the November meeting, Table Talk. Here's how it works: sit at a table by the topic card of your choice. In November, these will be:

- Bringing Plants Indoors
- Overwintering Bulbs
- Care of Houseplants During the Winter

On the paper provided, write a question, a tip, or a piece of advice on your table's topic. Put your paper in the center basket. Each table will have a moderator and that person will start the discussion by pulling one paper from the basket. Everyone at the table will help answer the question or discuss the tip or advice. This continues until the basket is empty or time's up.

After about twenty minutes of conversation we'll repeat the process so that everyone can change places, ask different questions, offer advice and discuss a second topic.

## INSPIRATION

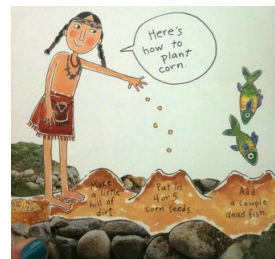
"Creating a garden starts as an interest and soon becomes a lifetime's obsession. One that can be engaged in a moment's notice, by simply stepping outside. A true gardener can create more happiness propagating life in one seed and seeing that single flower unfold, than the rich man could ever get from his perfect, rolling lawns." *Allie Stephenson, from This Beautiful Fantastic*

## IN MY GARDEN- PLANTING FISH: SHELLY LUSK

One of the first things my husband and I did when we moved to Eureka was to ascertain where people purchased their seafood. So many people told us they shopped at Safeway or Winco. I was imagining there was going to be a local fish market like Pike Place Market in Seattle with burly men flinging large tunas back and forth.

But I eventually figured out how to get out to the marina and buy fish directly from the fishermen, fostering a deeper connection with one of our sources of food. And I always paid a little extra to have the fish filleted, leaving the nasty bits for the fisherman to dispose of.

But this Autumn, I decided to take a page from a Thanksgiving story I learned as a child about how the Native Americans taught the pilgrims to drop a fish in a prepared hole when growing corn to fertilize the new plant. While out buying a tuna, I



asked the fisherman if I could take the rest of the carcass home for my garden. I learned the fishermen were not supposed to be feeding the remains to the seals, and this particular fellow was glad to bag up the head and all for me to take to the garden. Furthermore, he offered me as many as he had in his waste barrel, but my disgusted husband drew the line at "one" in our new car.

As we approach Thanksgiving, I am grateful to have this knowledge, grateful to have access to fresh fish, and grateful to have the time and space to try out gardening traditions that have been around for eons. The fish has been buried in the raised bed as I prepare for spring plantings, and I'll have to get back to you to let you know if it

was worth the effort. I'm hoping some of you will also give it a try and let me know how it goes.

### **GARDEN THERAPY: CINDY HUMPHRY**

For several years the ESGC has been providing gardening help to the residents and staff of the Eureka Rehabilitation and Wellness Center (ERWC). As was the case everywhere, COVID restrictions caused our efforts to ground to a halt. But I am pleased to say this is no longer the case! We have a small but powerful group who meets at the facility on Wednesdays from about 10am-12pm to provide light gardening services in the patio and front area. While we work we are often in the company of the residents who seem to enjoy both the beauty of the garden as well as the opportunity to socialize with the gardeners.

Please consider joining us on occasion to help bring the beauty of a garden to people who have little opportunity to get out. Currently, there are no mask requirements, participants just need to sign in on arrival. If you are unsure of where or when to meet, contact me, Cindy Humphry, for more details.

### **IN CASE YOU MISSED IT:**



- At our October meeting, Club members met at the California Native Plant Society nursery to learn the ins and outs of propagating native plants from our tour guide, Chris Beresford. The nursery is a destination spot for many gardeners throughout California who are interested in encouraging local flora and fauna to support Governor Newsom's "30 x 30 Executive Order", an effort to conserve 30% of our lands and coastal waters by 2030. The nursery is now open to the public for plant sales on its normal volunteer days of Wednesday, Friday, and Sunday from 10am to 1pm. -SL
- Eureka Sequoia Garden Club was well represented at the Humboldt District meeting held at the Fortuna Monday Club on **October 27**. Special guest, CGCI President, Carol Vallens gave a brief presentation, followed by a great talk on

Redwoods by Shanna Archibold. ESGC was honored with several awards for our newsletter, ways and means, individual article and received A Blue Ribbon Club designation. During the business meeting, District Director Karen Hall shared plans for district fundraising, and the 2024 CGCI Fall Board Meeting. Thanks to the Fortuna Club for hosting a perfect fall meeting!- Helen Stone



### **HAPPY NOVEMBER BIRTHDAYS!**

Gretchen Ziegler-10, Maria Krennek-11,  
Fran Dody-17, Kathleen Kosta-19,  
Mir DeSilva-25.

### **THE CALENDAR FOR NOVEMBER**

- 11/17. ESGC monthly meeting
- 11/19. Mushroom Fair, Arcata Community Center
- 11/23. Thanksgiving
- 11/24-25. Winter Sale, Ferndale Garden Club
- 11/27. Full Moon, the Wine Moon

### **EUREKA SEQUOIA GARDEN CLUB, INC.**

*Organized 1967, Incorporated 1977*

**A CGCI Blue Ribbon Club**

PO Box 479 Bayside, CA 95524

[http://californiagardenclubs.com/](http://californiagardenclubs.com/eurekasequoia)

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**707-845-4376**

*Meets monthly, 3rd Friday*

*Agricultural Center 5630 S. Broadway, Eureka*

*Annual Dues \$25 Individual, \$35 Family*

### **2023-2025 ESGC EXECUTIVE COMMITTEE**

*President-Karen Burgesser Secretary-Maria Krennek*

*VP-Winifred Creamer, Treasurer-Carol Chamberlin*

*Director-Wendy Robertson Director-Cindy Humphry*

*Past Pres-Maria Krennek Parliamentarian-Chuck Goodwin*

### **NATIONAL, REGION, STATE, & DISTRICT OFFICERS**

*National Garden Clubs, Inc. President -Brenda Moore; Pacific Region Garden Clubs, Inc. Director-Carol Norquist; CA Garden Clubs, Inc. President-Carol Vallens; Humboldt District CGCI, Director-Karen Hall*

***A proud member of National Garden Clubs, Inc.;  
Pacific Region Garden Clubs, Inc.; California  
Garden Clubs, Inc. and Humboldt District, CGCI***