

OVER THE GARDEN WALL

Member of the San Fernando Valley District, California Garden Clubs, Inc.,

Pacific Region, and National Garden Clubs, Inc.

Newsletter Number 205 November 2024 Editor: Ingrid Nonnast

November, 2024—Agenda

9:30 a.m. Doors Open
10:00 a.m. Business Meeting
11:00 a.m. Program: Plant Sale



Chrysanthemum — flower of the month

BVGC Newsletter November 2024

President's Message

Fall is usually referred to as a time for renewal. A time to reflect on our growing season, what grew well, what did not grow so well, and what we would like to have grow better in the coming season. Gardening is, as you all know, a work in progress or a never ending experiment. Gardeners are always trying new crops, growing new plants or trying new ways of gardening in order to grow a more beautiful and productive garden.

This last garden year, we as a club, started a new fundraising project, the 2025 Garden Calendar, featuring beautiful photographs of member gardens. Unfortunately we had a few mistakes in our calendar printing. The Garden Calendar Committee has worked to correct all of the mistakes and print a new calendar for all those who purchased calendars in September. I would like all who have purchased a calendar(s), to please bring your calendar(s) to our November meeting so we can exchange them for a corrected calendar. Our first Garden Calendar did not roll out as smoothly as we would have liked. We took time to reflect on why, made the corrections and have a better understanding of how to improve the next time. The 2025 Garden Calendar Committee thanks you for your understanding.

Coming up this month, we will be holding our annual November Plant Sale. This year in addition to plants for sale we will also be raffling off several gift baskets. The baskets we will have include: a picnic basket, movie basket, garden basket, thanksgiving kitchen basket, and a game night basket. The Joslyn Center Crochet/Knitting group will also be donating a basket. The raffle will take place at the end of the plant sale. Please remember to bring small bills to purchase your plants. This year we will have a Staging Table open from 9-10am. You will bring your plant to the Staging Table to be priced and tagged prior to the actual plant sale. Homemade baked goods will also be for sale to enjoy with your FREE coffee or tea.

We will begin our monthly meeting at 10am, followed by our group photo, then open the plant sale once our meeting is complete.

We hope you all will join us on Thursday November 7, 2024 at 10am at the Little White Chapel located at 1171 North Avon St. Burbank, CA 91505



Printed By: Burbank Printing, 3131 West Burbank Blvd., Burbank, CA

November 7 — Plant Sale

The best time to put in new plants in Southern California is late fall through early spring!

Members are invited to come, bring your neighbors and friends, and shop for new plants. Buy for yourself or for holiday giving.

October 3 Meeting —Asian Vegetables

Their Use and Preparation



It was a pleasure to listen to Florence Nishida about numerous Asian vegetables, several vegetables unknown to our members. Florence also talked about her experience in her own garden, the vegetables she grew, harvested, then cooked and ate.

Let's try a salad that was mentioned by Florence.

Nasturtium Salad

Ingredients

- 3 ounces arugula
- 1 large handful nasturtium flowers + leaves, Leaves roughly chopped if desired
- 1 cup strawberries, cored + sliced
- 1/8 cup sesame seeds

Vinaigrette:

- 1/8 cup olive oil
- 1/8 cup apple cider vinegar
- 1 tablespoon honey or agave syrup
- 1/4 teaspoon salt

Instructions:

- Toss together all salad ingredients
- Whisk all vinaigrette ingredients together. Toss dressing with salad. Serve immediately.

Diet: Gluten Free, Vegan, Vegetarian



Photograph your Garden—Noella Ballenger

Plan for the 2026 Calendar now

Start with the “overall” shot. Photographing the entire scope of your yard is always a challenge and usually not done well. So break it in sections. Pick out one thing or plant that you like and then add other little pieces to it until you highlight that section of garden. Remember however, plain grass or dirt is not interesting so allow only little pieces of that to sneak in. You can have many “overall shots” just by highlighting a different subject or taking the same subject from a different angle.

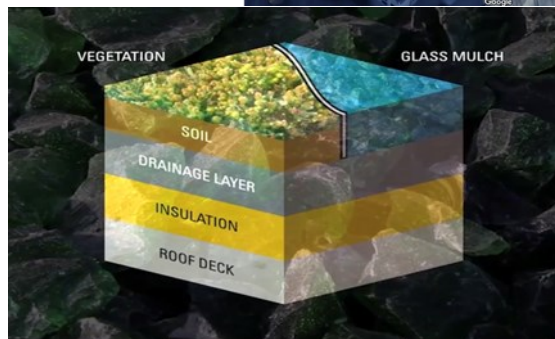
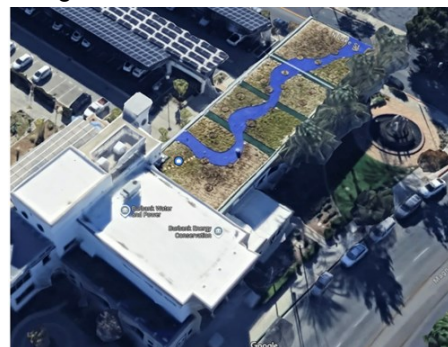
Living Rooftop

Robin Gemmill

In early October while on vacation, I traveled to the state of Michigan to see the fall colors as well as the Grand Hotel on Mackinac Island. While there I stopped in the Dearborn, Detroit area to visit the Ford Motor Company Rouge Factory. In 2003 Henry Ford's grandson Wm C Ford Jr revitalized the F-150 plant integrating robotics onto the assembly floor as well as creating sustainable environments within the extensive building complex to benefit the workers, plant operations and the local habitat.

The first of its kind 10-acre complex Living Rooftop was born. The world's largest living rooftop was planted with the succulent Sedum, commonly known as Stonecrop. This variety of succulent was chosen for its ability to withstand drought and very cold temperatures. Living rooftops absorb rain water, slow the rate of water runoff, provide building insulation, lower urban air temperatures, reduce energy consumption and lower heat loss in winter. In addition, these rooftops attract beneficial insects, birds, bees and butterflies, filter pollutants and reduce carbon dioxide through carbon sequestration. As for the roof, living roofs extend the life of a roof by reducing the ultra-violet light radiation damage.

Like the Ford Motor Company Rouge Factory complex, Burbank Water and Power (BWP) made a commitment to building for a sustainable future within the BWP EcoCampus. BWP integrated a living rooftop into the 2013 remodel of the historic BWP Administration building, on the corner of Magnolia and Lake St. Seventy percent of rainwater is captured in the rooftop vegetation. The excess water is diverted to underground storage pipes under the employee parking lot. Water then slowly percolates back into the ground recharging our underground aquifers. Besides slowing rainwater runoff and capturing that water to recharge underground aquifers, it is estimated that the green roof reduces rooftop temperatures by 6.5-20 degrees. Creating sustainable rainwater capture and conservation systems builds city resilience in times of drought. Below is an aerial photograph of the BWP rooftop garden. Along with a graphic example of how the living roof is constructed.



Create a Native Plant Garden

California Native Plant Society

Before you get inspired, get familiar with your garden's characteristics with the following observations:

- **Scope:** Define the area for your planting project. Will it be a few pots? A narrow strip next to the sidewalk? An entire yard?
- **Light conditions:** Observe sun and shade on your site throughout the day. Keep in mind that the sun is at its highest angle during summer and lowest during winter, so exposure will vary across seasons.
- **Wet spots:** Identify low points (if any) where water might accumulate.
- **Zones:** Based on your observations, divide your site into smaller zones of like conditions.
- **Cost:** What is your budget for the project? Adjustments to plant sizes/plant quantities or a phased approach to the design can help keep costs manageable.
- **Involvement:** How much time and energy are you willing to spend taking care of your plants? Some plants don't need as much attention as others, but all plants require some basic maintenance!

If you really are considering a California native garden, visit this site for garden inspiration; visit even if you are not considering such a garden:

<https://bloomcalifornia.org/garden-inspiration>

Happy November Birthday!

| | |
|-------------|-------------------|
| November 2 | Janet Jack |
| November 2 | Anne White |
| November 11 | Jackie Bodley |
| November 16 | Elisabeth Trafton |
| November 28 | Joan Chandler |
| November 30 | Judy Kenehan |



Welcome New Member!

Karen Winchell 323 816-4580
4440 Forman Ave
Toluca Lake, CA 91602
kfwinchell@gmail.com

Lucas Landscapes

...so you dont have to!

818-404-8996 | Elevate your outdoors

LucasHerreraCollins@gmail.com

Travels of Garden Club Members



Pradip Doshi and his lovely wife traveled to **Spain** for a wedding.

Among the many beautiful sites visited was the Montserrat Abbey in Catalonia, Spain. It is notable for enshrining the image of the Virgin of Montserrat (the Black Madonna). It is a pilgrimage for many since the Virgin Mary image was found a few hundred years ago. The name of the holy place is Montserrat. It is a pilgrimage place for many in Spain.

The church is breathtakingly beautiful. The landscape is very attractive and unique. Only 20 kilometers from Barcelona, Spain; this Divine place is over 1000 years old. It is a worthwhile place to visit for the landscape, well kept monastery and breathtaking church with beautiful objects to admire.

All Aboard for a Train Adventure

Neil and Janet Jack went on a scenic narrow-gage railroad adventure because of Neil's love of trains. They rode several narrow-gage trains in Colorado and New Mexico.



Colorado Garden of the Gods



Manitou & Pikes Peak



Colorado Garden of the Gods



Fall Colors in the Cumbres Pass



Cumbres & Toltec Scenic Railroad

Burbank-Valley Garden Club
907 North Clybourn Ave
Burbank, CA 91505-2701

**2024-2025
Executive Board**

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Robin Gemmill

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Rosalia Gomez

2nd Vice-Pres., Membership:
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Susan Law

3rd Vice-Pres., Ways & Means:
Laura Duran

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Anne White

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Nancy Bryant

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Parliamentarian:
Ann Foose

Happenings

**October 31, 2024—November 9, 2024
Theodore Payne Foundation Plant Sale**

(Parking Reservation)

10459 Tuxford Street, Los Angeles, CA 91352

An annual tradition at Theodore Payne Foundation, the Fall Plant Sale offers fantastic discounts on our most diverse selection of plants, seeds, bulbs of the year! On top of that, fall is the best season for planting in your garden or gathering up seeds to sow next spring's wildflowers .



**November 22, 2024 11:00 am and
November 23, 11:30 am
AZ & Phoenix Chrysanthemum Society
"Treasures of the Garden" Flower Show**

Mountain View Presbyterian Church,
8050 E Mountain View Rd, Scottsdale, AZ 85258
Entries in the Design Division must be pre-registered with
the Design Chairman, Renee Waite,
flowershowcrazy@gmail.com

**November 21, 2024 10:00 am
Burbank African Violet Society**
Little White Chapel, 1711 N Avon St, Burbank
The Program is "Playing Leaf Bingo"
For more information contact
www.burbankafricanviolets.weebly.com

